

Contact Us

Astor Partial Hospitalization Program

205 South Avenue
Poughkeepsie, NY 12601
Tel: (845) 554-1091
Fax: (845) 554-1376

For more information, or to make a referral to our Hudson Valley Community-Based Behavioral Health and Prevention Programs, contact:

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Associate Executive Director
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*...Because every child
deserves a childhood.*

Executive Director/CEO

James McGuirk, Ph.D.
Astor Services for Children & Families
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Astor Services for Children & Families
Hudson Valley Community-Based Behavioral
Health and Prevention Services
13 Mt. Carmel Place
Poughkeepsie, NY 12601-1714
Return Service Requested



ASTOR
SERVICES FOR CHILDREN & FAMILIES
**Hudson Valley Community-
Based Behavioral Health
and Prevention Services**

Adolescent Partial Hospitalization



*...Because every child
deserves a childhood.*

***“Of all injuries children suffer,
none are as painful as the
crushing of their spirit.”***

- *Dr. David Crenshaw, Retired Clinical
Director of Astor Services for Children
& Families and member of the Board of
Directors*

About our Services...

When a child experiences emotional or behavioral difficulties at home, in school or in the community, a parent may look to Astor for support and assistance. A child's emotional disturbances, ranging from disruptive to violent, create distress for all family members. Through a variety of specialty programs, our staff helps children, parents, siblings, and extended family to cope, and when necessary to address serious issues of sexual and physical abuse, neglect, domestic violence and substance abuse. Many of the children we assist are at-risk of being removed from their homes. Astor develops individualized prevention, education, and support to families through our clinics, in their homes, and in school settings.



Adolescent Partial Hospitalization Program (PHP)

The Astor Adolescent Partial Hospitalization Program (PHP), licensed by the NYS Office of Mental Health, offers an intensive treatment program designed to keep adolescents in the community and prevent inpatient hospitalization. The PHP Program uses intensive group, individual and family therapy to stabilize the adolescents' symptoms and avoid inpatient admission.

This program may be used as an initial point of entry into mental health care; as a step up from routine or intensive outpatient services; as a step down from acute inpatient care; or to prevent hospitalization.

The program provides an educational component to enable the adolescent to keep up with his/her school work. In addition, adolescents are provided with extra support in any learning areas that are challenging to them.

PHP Information

Services offered include: health referral, symptom management, medication therapy, medication education, verbal therapy, case management, psychiatric rehabilitation readiness determination and referral, crisis intervention services, activity therapy, and clinical support services.

Capacity of the program is limited to 12 adolescents ages 12 – 18, from Dutchess and surrounding counties.

Hours of operation of the program are Monday through Friday, from 8:00 am – 4:00 pm. Therapists are on call to their clients when the program is closed.

Referrals can be made to Astor's Partial Hospital Program by calling (845) 554-1091; an intake/screening appointment will be scheduled within 48 hours of the phone call.

Intake criteria – adolescents ages 12 – 18, who reside in Dutchess and surrounding counties, and are at risk of inpatient psychiatric hospitalization, are eligible for admission to the Partial Hospital Program.

Patient fees for PHP – fees for these services are based on ability to pay; Medicaid and other third party insurance are also accepted.