

Contact Us

Children needing more intensive supervision and attention may be appropriate for admission to our special Hard to Place units which have enriched childcare staffing.

For more information, or to make a referral to Astor's Early Childhood Programs, contact:

Assistant Executive Director:
Mary Sontheimer
Administration
50 Delafield Street, 2nd Floor East
Poughkeepsie, NY 12601-1707
Tel: (845) 452-4167 • Fax: (845) 452-0718



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...Because every child
deserves a childhood.

Astor Services for Children & Families
Early Childhood Programs
50 Delafield Street
Poughkeepsie, NY 12601-1707
Return Service Requested



ASTOR
SERVICES FOR CHILDREN & FAMILIES
Early Childhood Programs

Special Education



...Because every child
deserves a childhood.



“Of all injuries children suffer, none are as painful as the crushing of their spirit.”

- *Dr. David Crenshaw, Retired Clinical Director of Astor Services for Children & Families and member of the Board of Directors*

A Tradition of Excellence...

Astor Services for Children & Families, has since 1953, promoted the well-being of children, adolescents and their families through a range of programs that prevent and treat emotional problems and facilitate healthy development. Now serving over 6,000 children and families annually, Astor's current range of services to families in the Mid-Hudson Valley and the Bronx include: Residential Treatment, Therapeutic Foster Family Care, Early Childhood Programs, and Community-Based Behavioral Health and Prevention Services.



Special Class Integrated Setting (SCIS)

Poughkeepsie, Mt. Alvernia, and Wingdale

SCIS (Special Class Integrated Setting) are two ¾-hour Special Education Services within a 5-hour-Head-Start day. The Model includes physical therapy, occupational therapy, and a Consultation Model which addresses sensory integration and motor activities in a small-group setting. Speech services are delivered within the integrated SCIS classroom. Counseling/mental health professionals are an integral part of the classroom team who address individual behavioral needs and whole-group dynamics.

The Model most often includes:

Speech: once or twice per week (small group)

OT: Consultation Model (group setting)

PT: Once per week (as needed)

Counseling: Consultation Model, group services and individual services (as needed)

1-8-2 Language and Social Skills Class

Poughkeepsie and Beacon

1-8-2 is specifically designed for children with deficits in social skills as a result of language impairment and cognitive delays. Speech therapist and mental health clinicians are a part of the classroom team and provide services within the environment on a daily basis. This is a 5-hour, 5-day a week program.

Program most often includes:

Speech: 1-3 Sessions per week as per IEP
(1-2 individual and/or 1 group)

OT: 1-2 Group Sessions
(individual as needed)

PT: 1-2 Group Sessions
(individual as needed)

Counseling: 1-3 Sessions per week as per IEP

Therapeutic Preschool Day Treatment (DT)

Poughkeepsie

Therapeutic Preschool: This is specifically designed for children with significant deficits in social and emotional skills. There is an integration of clinical and educational models as required by the Office of Mental Hygiene. A 5-hour, 5-day-a-week program, psychiatric services, and a variety of clinical support within the educational program is also available.

If needed, these services can include:

Speech: one or two group sessions

OT: one and/or two group sessions

PT: one and/or two group sessions

Counseling: psychiatric consultation, individual/family and a classroom consultant

Additional Services

- Astor's approved evaluation sites at Wingdale and Poughkeepsie offer diagnostic assessments and evaluation services in Speech and Language. At the Poughkeepsie location we also offer physical therapy, OT and psychological evaluations.
- Health Services
- Nutrition
- Family Services
- Mental Health Services
- Parent Involvement
- Adult Literacy
- Head Start
- Early Head Start