

## Location

Astor's Residential Treatment Services are located on Route 9 in the heart of Rhinebeck, NY, in Dutchess County and easily accessible from the NYS Thruway and the Taconic Parkway. The Rhinecliff Railroad Station (AMTRAK) is two miles from our campus.



**Sponsored By: Catholic Charities of the Archdiocese of New York**



**Accredited By: The Joint Commission**

**Programs Certified By: NY State Office of Children & Family Services, NY State Office of Mental Health and the NY State Education Department.**



*For more information, or to make a referral to our Residential Treatment Center, contact:*

Admissions Coordinator  
Astor Services for Children & Families  
6339 Mill Street, P.O. Box 5005  
Rhinebeck, NY 12572-5005  
Telephone (845) 871-1085  
Email: [bsullivan@astorservices.org](mailto:bsullivan@astorservices.org)  
Website: [www.astorservices.org](http://www.astorservices.org)

**Astor Services for Children & Families**  
6339 Mill Street  
P.O. Box 5005  
Rhinebeck, NY 12572  
*Return Service Requested*



# ASTOR

SERVICES FOR CHILDREN & FAMILIES

**Home for Children  
Residential Services**



**Residential Treatment  
Center  
and  
The Astor Learning  
Center**



*...Because every child  
deserves a childhood.*





***“Of all injuries children suffer, none are as painful as the crushing of their spirit.”***

- *Dr. David Crenshaw, Retired Clinical Director of Astor Services for Children & Families and member of the Board of Directors*

### ***A Tradition of Excellence...***

For over 55 years Astor Services for Children & Families has been a leading provider of Residential Treatment Programs.

Astor became one of the nation’s first children’s services agency to be honored by The Joint Commission on Accreditation of the HealthCare Organization with the Gold Seal of Approval and maintained this accreditation since 1974.

The Astor Learning Center, our on-campus school, has received recognition as a National School of Excellence by the U.S. Department of Education’s Blue Ribbon Schools Program three times.



## **Residential Treatment Center**

Astor’s Residential Treatment Center (RTC) serves children age 5 – 13. Children may be accepted throughout New York State though most of the children admitted to Astor are from the Hudson Valley, Southern Tier and New York Metropolitan Regions.

Families are members of our multi-disciplinary team and we work to empower them as active collaborators in treatment. We support families and children in building on their own strengths in order to meet challenges.



Teamwork and respect are hallmarks of our Residential Treatment Programs. We work to maintain effective communication and partnerships marked by respect, hope and competence.

Our Residential Treatment Center is licensed by the New York State Office of Children and Family Services.

Referrals to the RTC Program are made through either the local Department of Social Services or local school districts’ Committees on Special Education. Children referred to Astor’s RTC may have previously received special education, behavioral health services, residential care or hospitalization.

Astor provides a comprehensive 24-hour program for children with emotional and behavioral difficulties. Services are provided by professionals in the disciplines of psychiatry, psychology, nursing, social work, special education, childcare and therapeutic recreation. Services include individual, group and family therapies as well as medical and dental care.

## **The Astor Learning Center**

The Astor Learning Center (ALC) is the on-site educational program serving the children in our residential programs. It is chartered and approved by the NYS Education Department.

Students receive intensive, individualized, special education in small classes for reading, language arts, social studies, science, arithmetic, health, social skills and character education. Art, music, library, computer instruction and physical education are also included to enhance the child’s educational experience. Faculty and staff consist of certified teachers, teacher assistants, crisis counselors, specialists in learning disabilities, speech and language and occupational therapy.

The ALC follows a traditional school calendar and conducts a six-week summer session that all students attend.

## **Recreation and Activities**

At Astor, learning does not stop at the end of the school day. The Recreation/Activities Service Program provides an enriched menu of diverse activity options. The programs include sports and personal fitness, expressive art and nature and outdoor activities including camping, community cultural activities, drama, music, fishing, hiking, garden and greenhouse activities, chess club, cooking and life skills, work-study opportunities, swimming, building, bike riding, animal care, field trips; and a commitment to help students master new skills and develop lifelong recreational interests.

