

For more information contact:

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Contract Agency of Dutchess County



*...Because every child
deserves a childhood.*

Executive Director/ CEO

James McGuirk, Ph.D
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Astor Services for Children & Families
Hudson Valley Community-Based Behavioral
Health and Prevention Services
13 Mt. Carmel Place
Poughkeepsie, NY 12601-1714
Return Service Requested



Counseling Centers



Walk-ins Welcome!
9:00 AM - 2:00 PM

*...Because every child
deserves a childhood.*





“Sometimes a child just needs us to be there. I can’t imagine doing anything that could provide me deeper satisfactions, than the joy of seeing young children grow and heal.”

- Dr. David Crenshaw, Retired Clinical Director of Astor Services for Children & Families and Astor’s Board of Directors Co-Chair.

A Tradition of Excellence...

Astor Services for Children & Families, has since 1953, promoted the well-being of children, adolescents and their families through a range of programs that prevent and treat emotional problems and facilitate healthy development. Now serving over 6,000 children and families annually, Astor’s current range of services to families in the Mid-Hudson Valley and the Bronx include: Residential Treatment, Therapeutic Foster Family Care, Early Childhood Programs, and Community-Based Behavioral Health and Prevention Services.

Our Mission

To provide behavioral and educational services in a caring environment where children and their families find strength, healing, hope and trust.

Our Vision

To see children meet life’s challenges, pursue their dreams and reach their full potential.



About Us

Astor Counseling Centers, located throughout Dutchess & Ulster Counties, NY provide counseling, psychiatric services and case management to children and adolescents (ages 2-21) and their families. Licensed by the New York State Office of Mental Health and accredited by The Joint Commission, the counseling center is a designated Child and Family Clinic Plus* provider.

First time clients who would like to be seen at one of the Centers can walk-in between the hours of 9:00 AM and 2:00 PM.

Dutchess and Ulster County Department of Mental Hygiene contracts with the Astor’s Counseling Centers to provide specialized treatment services to help children reach their highest potential in family life, school, friendships, and recreation. We do this through an interdisciplinary staff that includes child psychiatrists, clinical psychologists, social workers, mental health counselors, and case managers. These professionals are committed to using their expertise in the best interest of the children and families they serve.

Eligibility & Enrollment Requirements

To be eligible for Astor Counseling Services, the youth must:

1. Reside in Dutchess or Ulster County
2. Be between the ages of 2-21
3. Have a mental health concern that interferes with one’s own life, the family’s life or life within the community.

How to Obtain an Intake Appointment

In Dutchess, Families can call Helpline (485-9700) for information on Open Access hours and the location of the nearest Counseling Center. An appointment can be made by calling the counseling center directly.

“Walk-ins” are welcome during the hours of 9:00 AM – 2:00 PM and can wait for the next available intake appointment.

Fees

- Insurance
- Medicaid
- Self pay

Payment is expected at time of service

** Child and Family Clinic Plus provides mental health screenings in public schools with follow-up treatment when it is determined advisable.*

What Types of Services are Available at the Counseling Center?

The Astor Counseling Center staff has expertise in a variety of treatment approaches designed to assist children and families. The following is a list of the various treatment approaches available within the counseling centers:

- | | |
|----------------------------------------------|--------------------|
| Open Access | Health Screening |
| Comprehensive Assessment | Treatment Planning |
| Counseling Readiness Protocol | Outreach |
| Crisis Intervention Services | Safety Planning |
| Complex Care Management | Discharge Planning |
| Psychological Testing | ADHD Evaluation |
| Clinical Support Services | |
| Substance Abuse Screening | |
| Family, Individual and Group Therapy | |
| Child and Family Clinic Plus | |
| Psychiatric Services & Medication Management | |
| In-home Family Therapy | |

Locations

Dutchess County:

Beacon Counseling Center

223 Main Street Beacon, NY 12508
Tel: (845) 838-4920 Fax: (845) 838-4924

Red Hook Counseling Center

30 Benner Road Red Hook, NY 12571
Tel: (845) 758-0241 Fax: (845) 758-8746

Poughkeepsie Counseling Center

46 Lincoln Avenue Poughkeepsie, New York 12601
Tel: (845) 471-6004 Fax: (845) 471-7099

Dover Counseling Center

6423 Rt. 55 Wingdale, NY 12594
Tel: (845) 350-3010 Fax: (845) 350-3013

Hyde Park Counseling Center

11 Crum Elbow Road Hyde Park, NY 12538
Tel: (845) 229-1020 ext. 3750

Pine Plains School District Satellite

Cold Spring Elementary School
Homan Road Stanfordsville, NY 12581 Tel: (845) 868-7451

Stissing Mountain Jr./Sr. High School

3731 State Rt. 199 Pine Plains, NY 12567 Tel: (518) 398-7181

Seymour Smith Elementary School

41 Academy Street Pine Plains, NY 12567 Tel: (518) 398-3000

Ulster County:

Ellenville Counseling Center

(Wednesday & Thursday Only)
50 Center St, Trudy Resnick Farber Bldg Ellenville, NY
Tel: (845) 647-3349 Fax: (845) 647-3352

Kingston Counseling Center

239 Golden Hill Lane, Suite 100 Kingston, NY 12401
Tel: (845) 340-4105 Fax: (845) 340-4053

New Paltz Counseling Center

(Monday, Tuesday, & Friday Only)
135 N. Chestnut Street New Paltz, NY 12561
Tel: (845) 419-0850 Fax: (845) 419-0852