



ASTOR

SERVICES FOR CHILDREN & FAMILIES

Sponsored by Astor Services and Dutchess County BOCES with assistance from Community Foundations of the Hudson Valley

Save the Date!

November 2, 2010

8:00am-2:45pm

Poughkeepsie Grand Hotel

40 Civic Center Plaza, Poughkeepsie, NY 12601

“Think Differently: A New Approach for Teaching, Treating and Parenting Adolescents with Behavioral Challenges”

Dr. Stuart Ablon

Workshop Description: Youth who exhibit non-compliant behavior present significant challenges to teachers, mental health professionals and parents. Challenging behavior has traditionally been thought of as willful and goal oriented which has led to approaches that focus on motivating better behavior using reward and punishment approaches. These often prove ineffective for a substantial percentage of our youth. This one day training will provide an alternative way to understand these challenging behaviors and an approach for working with these youth that reduces the frequency and intensity of noncompliant episodes. The approach is an evidence-based model that has been successfully employed across settings including classrooms, therapeutic facilities and homes.

Presenter:

- **J. Stuart Ablon, Ph.D.** is Director of *Think: Kids* in the Department of Psychiatry at Massachusetts General Hospital where he specializes in the treatment of explosive, inflexible, easily frustrated children/adolescents and their families. He is also Director of the Psychotherapy Research Program at MGH and Associate Clinical Professor of Psychology in the Department of Psychiatry at Harvard Medical School. He is co-author of *Treating Explosive Kids: The Collaborative Problem Solving Approach*.

Who Should Attend:

- Educators, Mental Health Professionals, Parents and anyone interested in learning effective ways for understanding and helping youth with behavioral challenges.

Fee: \$65.00 (includes continental breakfast and lunch). Parking free in hotel.

Make checks payable to: Astor Services for Children & Families. **DEADLINE: October 27th**

Mail to: Dr. Athena Drewes, Astor Services for Children & Families
13 Mt. Carmel Place, Poughkeepsie, NY 12601

For more information: adrewes@astorservices.org, 845-452-6077x112