

Esther Deblinger is co-founder and co-director of the New Jersey Child Abuse Research Education and Service (CARES) Institute, and professor of clinical psychiatry at the University of Medicine and Dentistry of New Jersey (UMDNJ) - School of Osteopathic Medicine. In collaboration with her colleagues at the Institute, Dr. Deblinger has conducted cutting edge research, funded by the Foundation of UMDNJ, the National Center on Child Abuse and Neglect and the National Institute of Mental Health, examining the impact of child sexual abuse and the treatment of PTSD and related difficulties. As a result of this work, Dr. Deblinger and her colleagues developed a cognitive behavioral therapy program that was recognized for its effectiveness in treating child sexual abuse with a 2001 “Exemplary Program Award,” presented by the U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration. In addition to publishing numerous journal articles, Dr. Deblinger is the co-author of the professional books *Treating trauma and traumatic grief in children and adolescents* (2006), and *Treating sexually abused children and their nonoffending parents: A cognitive behavioral approach* (1996), as well as the children’s book, *Let’s talk about taking care of you: An educational book about body safety* (2003).