

Astor Parent & Caregiver Support Group

*A Support Group for Parents and Caregivers
of Children in Astor's Programs.*



The Astor Family and Caregiver Support Group is a stigma-free community where adults can share their daily frustrations and triumphs in a supportive and encouraging environment, while learning new strategies from each other to deal with these challenges. The group will consist of discussions on a variety of topics, occasional guest speakers and social networking.



Upcoming Meeting Dates & Times

*Sunday, Sept. 28th @ 1:30 pm – 4:30
pm*

*Sunday, October 25th @ 1:30 pm –
4:30 pm*

*Sunday, Jan. 4th @ 1:30 pm – 4:30
pm*

Due to limited space, if you are planning on visiting with your child after the meeting, please call us a couple of days in advance to make arrangements.

Reservations are required!

We regret that childcare is not available and children are not permitted to attend the meetings.

To register, or for more information contact one of our Family Advocates.

*Evelyn Almeida 845-871-1161
Lisa Flynn 845-871-1054*

Location: Astor Services, 6339 Mill Street, Rhinebeck, NY 12572

Refreshments will be served.