

Astor Parent & Caregiver Support Group

A Support Group for Parents and Caregivers of Children in Astor's Programs.

The Astor Family and Caregiver Support Group is a stigma-free community where adults can share their daily frustrations and triumphs in a supportive and encouraging environment, while learning new strategies from each other to deal with these challenges. The group will consist of discussions on a variety of topics, occasional guest speakers and social networking.



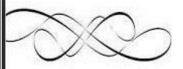


Sunday, Sept. 28th @ 1:30 pm - 4:30 pm

pm

Sunday, October 25th @ 1:30 pm - 4:30 pm

Sunday, Jan. 4th @ 1:30 pm - 4:30 pm



Due to limited space, if you are planning on visiting with your child after the meeting, please call us a couple of days in advance to make arrangements.

<u>Reservations are required!</u>

We regret that childcare is not available and children are not permitted to attend the meetings.

To register, or for more information contact one of our Family Advocates.

Evelyn Almeida 845-871-1161 Lisa Flynn 845-871-1054

Location: Astor Services, 6339 Mill Street, Rhinebeck, NY 12572

Refreshments will be served.