



## HOME FOR CHILDREN

*Executive Administration*

6339 Mill Street, PO Box 5005, Rhinebeck, New York 12572-5005

(845) 871-1000 • FAX (845) 876-2020 • Email: [astor@astorservices.org](mailto:astor@astorservices.org)

For further information please contact:  
Sonia Barnes-Moorhead  
The Astor Home for Children Foundation  
(845) 871-1117 [smoorhead@astorservices.org](mailto:smoorhead@astorservices.org)

**FOR IMMEDIATE RELEASE:** March 2, 2009

## **ASTOR EMPLOYEE RECEIVES SHAKER AWARD**

Rhinebeck, N.Y. — Katie (Kate) Lynn Castell, LCSW-R, Program Director, Astor's Dutchess Community-Based Services, is being recognized by the Greater Southern Dutchess Chamber of Commerce as a recipient of The 4<sup>th</sup> Annual *Forty Under 40* Shaker Awards. These awards are given to forty individuals under the age of 40 who are committed to shaping our region and making it a better place for everyone.

"We are all very proud of Kate. Her dedication and commitment to children, families and her community is extraordinary. Kate always goes the extra mile to ensure they are getting the best possible service. She sees strengths in all the families we serve. The Shaker Award is a fitting way to honor Kate," says James McGuirk, Ph.D., Executive Director/CEO, The Astor Home for Children.

"I am humbled and honored to be recognized for living my life in serve to others," said Katie, a 14-year employee of Astor, upon receiving notification of her Shaker Award.

Castell and the other award recipients will receive their awards on March 9, 2009 during a dinner celebration at the Mid-Hudson Civic Center.

*The Astor Home for Children, as it has since 1953, promotes the well-being of children, adolescents and their families through a range of programs that prevent and treat emotional problems and facilitate healthy development. Now serving over 6,500 children and families annually, Astor's current range of services to families in the Mid-Hudson Valley and the Bronx include: Residential Treatment, Therapeutic Foster Family Care, Early Childhood Programs, and Community Based Mental Health and Educational Services. For additional information about The Astor Home for Children, please visit their website at, The Astor Home for Children please visit [www.astorservices.org](http://www.astorservices.org) or call The Astor Home for Children Foundation at (845) 871-1117.*