



## HOME FOR CHILDREN

*Executive Administration*

6339 Mill Street, PO Box 5005, Rhinebeck, New York 12572-5005

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### **For more information contact:**

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### **FOR IMMEDIATE RELEASE**

July 5, 2007

### **Teen Donates Bicycle Helmets to Astor Early Childhood Program**

**Poughkeepsie, NY** – Heather Peruffo had only one request from her guests who attended her Sweet 16 Birthday party: no gifts for her, but for each person to bring a bicycle helmet to be donated to the children in the Astor Early Childhood Program in Poughkeepsie.

Heather, of Poughkeepsie, donated nearly 50 bicycle helmets. Accompanied by her mother and grandmother, Heather visited Astor's Early Childhood Center on Delafield Street and handed out helmets to one particularly delighted class of preschoolers.

Heather reached out to Astor before her birthday in search of the best way her donation could meet the needs of the organization. She hopes to do some volunteer work at Astor in the future.

Astor's Early Childhood Center on Delafield Street is one of several Dutchess County locations where Astor provides comprehensive development and healthy growth for children through their head start, early head start, day care, and preschool special education programs.

Astor, serving over 6,000 children and families annually, promotes the wellbeing of children, adolescents and their families through a range of programs that prevent and treat emotional problems and facilitate healthy development. Astor's current range of services to families in Dutchess County and the Bronx include: Residential Treatment, Therapeutic Foster Family Care, Early Childhood Programs, and Community Based Services. For additional information about The Astor Home for Children, please contact The Astor Home for Children Foundation at (845) 871.1117.



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Heather Peruffo hands out the helmets she donated to the Astor Early Childhood Program Center on Delafield Street, Poughkeepsie.



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