

Contact Us

For more information contact:

Associate Executive Director
Konstantinos (Gus) Tsboubris, Ph.D
13 Mt Carmel Place
Poughkeepsie, NY 12601
Tel: (845) 452-5952 ex. 102
Fax: (845) 452-6235



Sponsored By: Catholic Charities of the Archdiocese of New York



Accredited By: The Joint Commission

Contract Agency of Dutchess County



*...Because every child
deserves a childhood.*

Executive Director/ CEO

James McGuirk, Ph.D
Astor Services for Children & Families
6339 Mill Street, P.O. Box 5005
Rhinebeck, NY 12572
Tel: (845) 871-1000
Fax: (845) 876-2020
Website: www.astorservices.org

Astor Services for Children & Families
Hudson Valley Community-Based Behavioral
Health and Prevention Services
13 Mt. Carmel Place
Poughkeepsie, NY 12601-1714
Return Service Requested



ASTOR

SERVICES FOR CHILDREN & FAMILIES

**Hudson Valley Community-
Based Behavioral Health
and Prevention Services**




Counseling Centers



Walk-ins Welcome!
9:00 AM - 2:00 PM

*...Because every child
deserves a childhood.*





Hudson Valley Community-Based Behavioral Health and Prevention Services

"Sometimes a child just needs us to be there. I can't imagine doing anything that could provide me deeper satisfactions, than the joy of seeing young children grow and heal."

- Dr. David Crenshaw, Retired Clinical Director of Astor Services for Children & Families and Astor's Board of Directors Co-Chair.

A Tradition of Excellence...

Astor Services for Children & Families, has since 1953, promoted the well-being of children, adolescents and their families through a range of programs that prevent and treat emotional problems and facilitate healthy development. Now serving over 6,000 children and families annually, Astor's current range of services to families in the Mid-Hudson Valley and the Bronx include: Residential Treatment, Therapeutic Foster Family Care, Early Childhood Programs, and Community-Based Behavioral Health and Prevention Services.

Our Mission

To provide behavioral and educational services in a caring environment where children and their families find strength, healing, hope and trust.

Our Vision

To see children meet life's challenges, pursue their dreams and reach their full potential.



About Us

Astor Counseling Centers, located throughout Dutchess & Ulster Counties, NY provide counseling, psychiatric services and case management to children and adolescents (ages 2-21) and their families. Licensed by the New York State Office of Mental Health and accredited by The Joint Commission.

First time clients who would like to be seen at one of the Centers can walk-in between the hours of 9:00 AM and 2:00 PM.

All our Counseling Centers have evening appointments for clients who have been admitted for treatment. Please call the Center located near you for their specific hours.

Dutchess and Ulster County Department of Mental Hygiene contracts with the Astor's Counseling Centers to provide specialized treatment services to help children reach their highest potential in family life, school, friendships, and recreation.

Eligibility & Enrollment Requirements

To be eligible for Astor Counseling Services, the youth must:

1. Reside in Dutchess or Ulster County
2. Be between the ages of 2-21
3. Have a mental health concern that interferes with one's own life, the family's life or life within the community.

How to Obtain an Intake Appointment

"Walk-ins" are welcome during the hours of 9:00 AM – 2:00 PM and can wait for the next available intake appointment.

In Dutchess, Families can call Helpline (485-9700) for information on Open Access hours and the location of the nearest Counseling Center. An appointment can be made by calling the counseling center directly.

Fees

- Insurance
- Medicaid
- Self pay

Payment is expected at time of service

** Early Recognition Screening provides mental health screenings in public schools with follow-up treatment when it is determined advisable.*

What Types of Services are Available at the Counseling Center?

The Astor Counseling Center staff has expertise in a variety of treatment approaches designed to assist children and families. The following is a list of the various treatment approaches available within the counseling centers:

- | | |
|--|------------------|
| Treatment Planning | Health Screening |
| Psychological Testing | Safety Planning |
| Substance Abuse Screening | ADHD Evaluation |
| Comprehensive Assessment | Outreach |
| Families Together Group Therapy | Family Advocacy |
| Walk-in Crisis Intervention Services | |
| Family, Individual and Group Therapy | |
| Psychiatric Services & Medication Management | |
| Specialized Treatments with Sexual Harm, PCIT & Co-Occurring Disorders | |

Locations

Dutchess County:

Beacon Counseling Center

223 Main Street Beacon, NY 12508
Tel: (845) 838-4920 Fax: (845) 838-4924
(Mon, Wed & Fri 9-5; Tues & Thurs 9-9)

Poughkeepsie Counseling Center

46 Lincoln Avenue Poughkeepsie, New York 12601
Tel: (845) 471-6004 Fax: (845) 471-7099
(Mon-Thurs 9-8, Fri 9-5)

Dover Counseling Center

6423 Rt. 55 Wingdale, NY 12594
Tel: (845) 350-3010 Fax: (845) 350-3013
(Mon & Fri 9-5, Tues-Thurs 9-8)

Hyde Park Counseling Center

4252 Albany Post Road, Suite 2, Hyde Park, NY 12538
Tel: (845) 233-5935 Fax: (845) 233-4726
(Mon & Fri 9-5, Tues-Thurs 9-8)

Rhinebeck (Satellite) Counseling Center

187 E. Market Street, Rhinebeck, NY, 12572
Tel: (845) 616-5335
(Mon & Tues 12-8, Wed 11-8, Thurs & Fri 11-5)

Ulster County:

Ellenville Counseling Center

50 Center St, Trudy Resnick Farber Bldg Ellenville, NY 12428
Tel: (845) 647-3349 Fax: (845) 647-3352
(Wed 9-6, Thurs 9-8)

Kingston Counseling Center

239 Golden Hill Lane, Suite 100 Kingston, NY 12401
Tel: (845) 340-4105 Fax: (845) 340-4053
(Mon 9-6, Tues-Thurs 9-8, Fri 9-5)

New Paltz Counseling Center

137 N. Chestnut Street New Paltz, NY 12561
Tel: (845) 419-0850 Fax: (845) 419-0852
(Mon 9-6, Tues-Thurs 9-8, Fri 9-5)

Offsite Services:

Cold Spring Elementary School
Seymour Smith Elementary School
Stissing Mountain Jr./Sr. High School
Mill Road Elementary School
Linden Avenue Middle School