

## Contact Us

For more information, or to make a referral to Astor's Early Childhood Programs, contact:

Mary Sontheimer  
Assistant Executive Director:  
Administration  
50 Delafield Street, 2nd Floor East,  
Poughkeepsie, NY 12601-1707  
Tel: (845) 452-4167 • Fax: (845) 452-0718

## Locations throughout

### Dutchess County:

- ◆ Beacon \*  
(845) 838-9904
- ◆ Poughkeepsie \*  
(845) 452-7726
- ◆ Hyde Park  
(845) 452-4167
- ◆ Millerton  
(518) 789-3077
- ◆ Mt. Alvernia \*  
Wappingers Falls  
(845) 296-1879
- ◆ Red Hook  
(845)758-9080
- ◆ Wingdale \*  
(845) 832-3331

\*(special education services available)



**Sponsored By: Catholic Charities of the Archdiocese of New York**



**Accredited By: The Joint Commission and the office of Head Start**



*...Because every child deserves a childhood.*

**Astor Services for Children & Families  
Early Childhood Programs**  
50 Delafield Street  
Poughkeepsie, NY 12601-1707  
*Return Service Requested*



**ASTOR**  
SERVICES FOR CHILDREN & FAMILIES  
**Early Childhood Programs**



# Head Start



*...Because every child  
deserves a childhood.*





***"Sometimes a child just needs us to be there. I can't imagine doing anything that could provide me deeper satisfactions, than the joy of seeing young children grow and heal."***

- Dr. David Crenshaw, Retired Clinical Director of Astor Services for Children & Families and Astor's Board of Directors Co-Chair.

### ***A Tradition of Excellence...***

Astor Services for Children & Families, as it has since 1953, promotes the well-being of children, adolescents and their families through a range of programs that prevent and treat emotional problems and facilitate healthy development. Now serving over 6,000 children and families annually, Astor's current range of services to families in the Mid-Hudson Valley and the Bronx include: Residential Treatment, Therapeutic Foster Family Care, Early Childhood Programs, and Community-Based Behavioral Health and Prevention Services.



### **What is Head Start?**

Head Start is a federally-funded preschool program serving low-income children and children with disabilities.

Services provided include:

- ◆ Health Services
  - ◆ Vision, hearing, dental screenings
- ◆ Nutrition
  - ◆ Breakfast and lunch served daily
- ◆ Family Services
  - ◆ Family Advocate Services
- ◆ Mental Health Services
- ◆ Parent Involvement
  - ◆ Many opportunities to volunteer your expertise

### **What you can expect from us:**

- ◆ Quality early childhood education
- ◆ Supportive, caring professionals committed to the well-being of your child and family
- ◆ Home visits from your family advocate and your child's teacher
- ◆ Frequent communication
- ◆ Help with family goal setting and accessing services
- ◆ Opportunities to become involved in center and program planning
- ◆ Respect for you as the primary educator of your child

### **What we need from you:**

- ◆ Meet your family advocate
- ◆ Complete enrollment paperwork including birth certificate, proof of income, up to date physical and immunization records.
- ◆ Provide up to date information for emergency contacts
- ◆ Willingness to share your knowledge about your child
- ◆ Willingness to participate in program activities and requirements such as home visits and parent meetings
- ◆ Help your child maintain good attendance

### **Program Models:**

- ◆ **Special Class Integrated Setting (SCIS)**- Mt. Alvernia, Salt Point, Wingdale, Poughkeepsie. Two ½ hour special education programs within 5-hour-Head-Start day.
- ◆ **1:8:2** Beacon and Salt Point. This is a 5-hour, 5-day a-week program.
- ◆ **Therapeutic Preschool** Poughkeepsie. Designed for children with significant needs in social and emotional skills. Integration of education and mental health services as required by the Office of Mental Hygiene. This is a 5-hour, 5-day-a-week program.

**CONTACT: Kimberly Fragetta @ 845-452- 4167 ext. 133**