

Contact Us

For more information, or to make a referral to our Hudson Valley Community-Based Behavioral Health and Prevention Programs, contact:

Early Recognition Screener
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*...Because every child
deserves a childhood.*

Executive Director/CEO

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Note: Artwork by children in Astor's programs

Return Service Requested

**Astor Services for
Children & Families**
13 Mt. Carmel Place
Poughkeepsie NY, 12601



Astor
SERVICES FOR CHILDREN & FAMILIES
**Hudson Valley Community-
Based Behavioral Health
and Prevention Services**

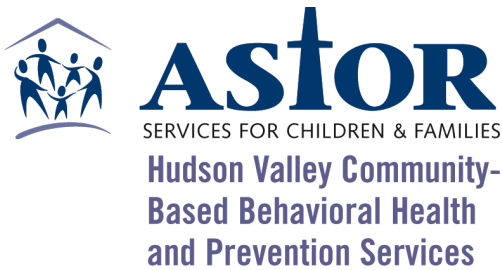


Early Recognition Screening Program



*...Because every child
deserves a childhood.*





"Sometimes a child just needs us to be there. I can't imagine doing anything that could provide me deeper satisfactions, than the joy of seeing young children grow and heal."

- Dr. David Crenshaw, Retired Clinical Director of Astor Services for Children & Families

A Tradition of Excellence...

Since 1953, Astor Services for Children & Families promotes the well-being of children, adolescents and their families through a range of programs that prevent and treat emotional problems and facilitate healthy development. Now serving over 6,000 children and families annually, Astor's current range of services in the Mid-Hudson Valley and the Bronx include: Residential Treatment, Therapeutic Foster Family Care, Early Childhood Programs and Community-Based Behavioral Health and Prevention Services.

Mission: To provide behavioral and educational services in a caring environment where children and their families find strength, healing, hope and trust.

Vision: To see children meet life's challenges, pursue their dreams, and reach their full potential.



WHAT IS EARLY RECOGNITION SCREENING?

The Early Recognition Screening Program is a confidential, early-recognition and intervention program funded by the New York State Office of Mental Health.

Astor's Early Recognition Screening Program offers:

- **Screening:** Screening takes place in schools, health centers and other community locations to reach children early who may have emotional needs.
- **Assessments:** To identify needs and strengths of both child and family. Assessments are comprehensive and are conducted on an as-needed basis.
- **Open Access Clinics:** Immediate access to services are available to all new clients. A client will be able to access care by "showing up" at the counseling center between the hours of 9 AM and 2 PM and will receive the next available appointment.

Early Childhood – Why Screen Early?

Social and emotional development affects every aspect of a young child's life and sets the stage for a strong foundation for later development. Early childhood mental health is important for the social, emotional and behavioral well-being of children ages birth through five. They can experience and express a wide range of emotion, from close, secure relationships with family and caregivers to exploring their environment and learning.

The Early Recognition Screening Program partners with families and communities to facilitate the early recognition of emotional issues to provide for subsequent intervention with the child, family and caregivers.

The Early Recognition Screening Program works with Schools!

The pressure is on for schools to meet student performance targets. We know solid student performance is associated with children who come to school regularly, are on task, and ready to learn. Emotional health issues can affect how well children do in school, how they relate to family members, and their ability to make friends.

The Early Recognition Screening Program partners with schools and families to screen children for early signs of emotional issues. While some children may be identified by their families, friends and teachers as needing help, many are still growing up with untreated emotional needs.

Children and Teens: How Early Recognition Can Help

Your child's emotional health can affect how well they do in school, their ability to "get along" with friends and family, and their ability to bounce back when faced with life's setbacks. Checking on your child's emotional health is important, just as important as having their vision and hearing tested or their yearly physical exam with your family doctor.

The Early Recognition Screening Program will strengthen a teen's ability to develop a healthy sense of self, respond positively to challenges, gain a sense of purpose, and steer a healthy course for the future.

Today teens are confronted with more choices than ever before. Some of these choices can have life-long consequences, some positive and some negative.

Research Findings

Research tells us that if we can identify and intervene early, we are more likely to keep issues from affecting emotional, intellectual, or physical development, provide relief from symptoms earlier rather than later and possibly prevent long-term problems and improve school performance and personal relationships with family and friends.

Astor Counseling Center Locations

Beacon Counseling Center* 845-838-4920

Poughkeepsie Counseling Center* 845-471-6004

Kingston Counseling Center 845-340-4105

Hyde Park Counseling Center 845-233-5935

Dover Satellite 845-350-3050
6423 Route 55, Wingdale

Ellenville Counseling Center 845-647-3349
(Wednesday & Thursday Only)

New Paltz Counseling Center 845-419-0850
(Monday, Tuesday, Wednesday & Friday)

**First time clients who would like to be seen at the centers can walk-in between the hours of 9am and 2pm.*