

Contact Us

For more information, or to make a referral to our Hudson Valley Community-Based Behavioral Health and Prevention Hospital Diversion Programs, contact:

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Home Based Crisis Intervention Services
(845) 554-1365

Mobile Crisis
(845) 485-9700

Adolescent Partial Hospitalization
(845) 554-1091



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agency of DMH



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The Joint Commission



Executive Director/CEO

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Astor Services for Children & Families
Hudson Valley Community-Based Behavioral
Health and Prevention Services
13 Mt. Carmel Place
Poughkeepsie, NY 12601-1714
Return Service Requested



ASTOR

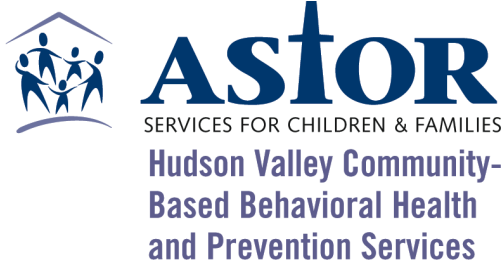
SERVICES FOR CHILDREN & FAMILIES

**Hudson Valley Community-
Based Behavioral Health
and Prevention Services**

Hospital Diversion Programs



*...Because every child
deserves a childhood.*



"Sometimes a child just needs us to be there. I can't imagine doing anything that could provide me deeper satisfactions, than the joy of seeing young children grow and heal."

- Dr. David Crenshaw, Retired Clinical Director of Astor Services for Children & Families

About our Services...

When a child experiences emotional or behavioral difficulties at home, in school or in the community, a parent may look to Astor for support and assistance. A child's emotional disturbances, ranging from disruptive to violent, create distress for all family members. Through a variety of specialty programs, our staff help children, parents, siblings, and extended family to cope, and when necessary, to address serious issues of sexual and physical abuse, neglect, domestic violence and substance abuse. Many of the children we assist are at-risk of being removed from their homes. Astor develops individualized prevention, education, and support to families through our clinics, in their homes, and in school settings.



Home-Based Crisis Intervention Program (HBCI)

The Astor Home-Based Crisis Intervention Program (HBCI), designed to prevent psychiatric hospitalization, is an intensive, short-term crisis intervention service and family education program. Astor provides this service under contract with the Dutchess County Department of Mental Hygiene.

Crisis intervention, home-based assessment & treatment planning, psycho-education, family & individual therapy, case management & referral services are provided by our interdisciplinary staff.

- ◆ Consulting psychiatrist
- ◆ Program supervisor
- ◆ Five therapists

Therapists are available to families 24-hours a day, 7 days a week, to respond to a crisis situation.

HBCI Referral Process

Referrals to Astor's HBCI Program are accepted from psychiatric hospital emergency services, schools, children's mental health providers, other public agencies working with children and in-patient psychiatric hospitals.

Referrals can be made by contacting the program supervisor at (845) 554-1365.

An intake/screening appointment will be scheduled within 48 hours of the phone call.

HBCI Intake Criteria

- ◆ The identified child and family in crisis is seeking an alternative to psychiatric hospitalization
- ◆ The contract agency's licensed psychiatrist determines the child is at imminent risk of psychiatric hospitalization
- ◆ The child is 18 years or younger and a Dutchess County resident; limited services are provided in Ulster County, based on contract parameters
- ◆ The family wants to remain together at home

Adolescent Partial Hospitalization Program (PHP)

Services offered include: health referral, symptom management, medication therapy, medication education, verbal therapy, case management, psychiatric rehabilitation readiness determination and referral, crisis intervention services, activity therapy, and clinical support services.

Capacity in the program is limited to 12 adolescents ages 12 – 18, from Dutchess and surrounding counties.

Hours of operation are Monday through Friday, from 8:00 am – 4:00 pm. Therapists are on call to their clients when the program is closed.

Referrals can be made to Astor's Partial Hospital Program by calling (845) 554-1091; an intake/screening appointment will be scheduled within 48 hours of the phone call.

Intake criteria – adolescents ages 12 – 18, who reside in Dutchess and surrounding counties, and are at risk of inpatient psychiatric hospitalization, are eligible for admission to the Partial Hospital Program.

Patient fees for PHP – fees for these services are based on ability to pay; Medicaid and other third party insurance are also accepted.

Mobile Crisis

For children & youth in acute crisis who are in need of immediate mental health assessment & intervention on-site at home, school or at other locations in the community.

Contact Dutchess County HelpLine
(845) 485-9700

Weekdays 8:00 am – 9:00 pm
Weekends/holidays 10:00 am – 6:00 pm

Appropriate referral criteria:

- ◆ risk of suicide/homicide (ideation)
- ◆ out-of-control behavior and emotional lability
- ◆ psychotic lapses
- ◆ other clinical crises that are the result of acute stress