

Contact Us

Astor Partial Hospitalization Program

205 South Avenue
Poughkeepsie, NY 12601
Tel: (845) 554-1091
Fax: (845) 554-1376

For more information, or to make a referral to our Hudson Valley Community-Based Behavioral Health and Prevention Programs, contact:

Konstantinos (Gus) Tsoubris, Ph.D.
Associate Executive Director
13 Mt. Carmel Place
Poughkeepsie, NY 12601-1714
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*...Because every child
deserves a childhood.*

Executive Director/CEO

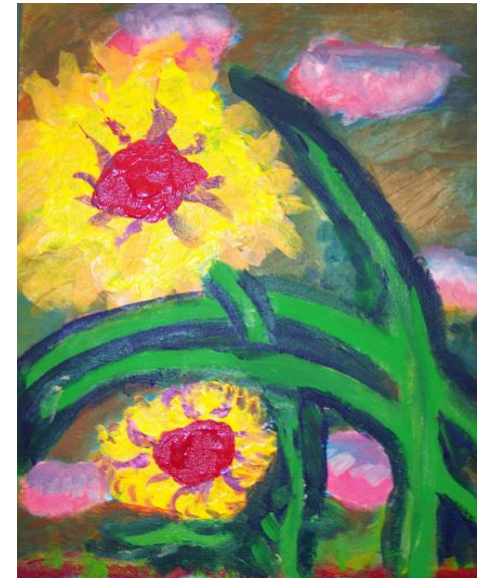
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Astor Services for Children & Families
6339 Mill Street, P.O. Box 5005
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Astor Services for Children & Families
Hudson Valley Community-Based Behavioral
Health and Prevention Services
13 Mt. Carmel Place
Poughkeepsie, NY 12601-1714
Return Service Requested



ASTOR
SERVICES FOR CHILDREN & FAMILIES
**Hudson Valley Community-
Based Behavioral Health
and Prevention Services**

Adolescent Partial Hospitalization



*...Because every child
deserves a childhood.*



Astor

SERVICES FOR CHILDREN & FAMILIES
Hudson Valley Community-
Based Behavioral Health
and Prevention Services

"Sometimes a child just needs us to be there. I can't imagine doing anything that could provide me deeper satisfactions, than the joy of seeing young children grow and heal."

- Dr. David Crenshaw, Retired Clinical Director
of Astor Services for Children & Families

About our Services...

When a child experiences emotional or behavioral difficulties, Astor can provide support and assistance. A child's emotional disturbances often create distress for all family members. Astor's wide variety of services can address the child's needs and help the family cope. Astor can also help with more serious issues, such as physical and sexual abuse, neglect, domestic violence, and substance abuse. Many of the children that Astor serves may also be at risk of being removed from their homes. Astor develops individualized plans for prevention, education, and support to families through our clinics, in their homes, and in school settings.



Adolescent Partial Hospitalization Program (PHP)

Astor's Adolescent Partial Hospitalization Program (PHP), licensed by the NYS Office of Mental Health, offers an intensive treatment program designed to maintain adolescents in the community, decrease problematic symptoms, and prevent inpatient hospitalization. The PHP Program uses intensive group, individual and family therapy to stabilize the adolescents' daily functioning.

Referrals may be appropriate for the following reasons:

- Initial point of entry into mental health care
- Step up from outpatient services
- Step down from acute inpatient hospitalization

Additionally, the program provides an educational component contracted through Dutchess County BOCES to assist the child in managing school work while in the program.

PHP Information

Services offered include: health referral, symptom management, medication therapy, medication education, verbal therapy, case management, psychiatric rehabilitation readiness determination and referral, crisis intervention services, activity therapy, and clinical support services.

Capacity of the program is limited to 12 adolescents ages 12 – 18, from Dutchess and surrounding counties.

Hours of operation Staff is present Monday through Friday from 8:00 am until 4:30 pm. Therapists are on call 24/7 for additional crisis support.

Referrals can be made to Astor's Partial Hospital Program by calling the program director at (845) 554-1091; an intake/screening appointment will be scheduled within 48 hours of the phone call.

Intake criteria – adolescents ages 12 – 18, who reside in Dutchess and surrounding counties, and are at risk of inpatient psychiatric hospitalization, are eligible for admission to the Partial Hospital Program.

Patient fees for PHP – fees for these services are based on ability to pay; Medicaid and other third party insurance are also accepted.