

Contact Us

For more information, or to make a referral to our Hudson Valley Community-Based Behavioral Health and Prevention Programs, contact:

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deserves a childhood.*

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ASTOR
SERVICES FOR CHILDREN & FAMILIES
**Hudson Valley Community-
Based Behavioral Health
and Prevention Services**

Vocational Case Management



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Hudson Valley Community-Based Behavioral Health and Prevention Services

What is the Vocational Management Program?

It is a program designed to assist youth in Dutchess County between the ages of 16 -21 in transitioning into the workforce.

What is the target population?

The target population must meet at least one of the following criteria: leaving residential treatment; receiving mental health treatment; classified emotionally disturbed by the Committee on Special Education; transitioning out of the Dutchess County Jail.

How does it work?

Once a youth is referred, an interview and Vocational Assessment will take place; which is used to assess if the program will meet their needs. Once this is affirmed, the youth becomes enrolled in the program and will start working on job-readiness skills with the Vocational Case Manager. Please note, this is not a program where a job is already established for the youth. As such, the youth must be willing to complete the preliminary work before they can begin looking for employment.



What is the role of the Vocational Case Manager?

To teach the youth participants how to effectively search for, secure and maintain employment on their own. The VCM can also serve as a mentor and liaison between the youth and the employer until a period of time when the youth has successfully transitioned into the job.

What kinds of skills are taught?

All aspects of finding and keeping a job are covered, from filling out applications to customer service. Other skills that are taught are: staying organized throughout the job search; networking, calling and meeting with employers; interviewing; budgeting; time management and being on time; on-the-job expectations and asking for help and attire.

Where do we meet?

Most meetings are individual home visits, where the Vocational Case Manager will come into the youth's home to meet with them or take them out into the community. The first few meetings may be held at Astor Services in Poughkeepsie.



How long is the program?

There is no pre-determined length of time for the program. The Vocational Case Manager will work with the youth until they are settled into their new job, whether it is a paid or volunteer position.



How are the youth referred?

Youth are generally referred by their therapists, school staff or other mental health workers.