

THE DUTCHESS COUNTY REGIONAL CHAMBER OF COMMERCE
AND



ROSE & KIERNAN, INC.
INSURANCE, SURETY & BENEFIT SERVICES

ARE PROUD TO SUPPORT

Mental Health Awareness Month



May is Mental Health Awareness Month!

In its commemoration of Mental Health Awareness Month and Children's Mental Health Day on May 8, 2014, **Astor Services for Children & Families** is drawing attention to and reducing the stigma around mental health, especially for children. For too long, the stigma surrounding mental health has prevented many needing treatment from receiving it. Astor also recognizes the importance of early intervention and diagnoses in reducing the severity of mental illness. That's why Astor offers so many Outpatient Mental Health Clinics. (For more info visit www.astorservices.org)

Upcoming Events at Astor



Round Up Line Dancing to Benefit the Children of Astor Services

May 10th 6:00 - 9:30 PM
6339 Mill St., Rhinebeck NY

Tickets: \$75/Person*, \$125/Couple**, \$50/Student***
(*\$55, **\$85, ***\$30 of your ticket price will go directly to supporting the children at Astor and is tax deductible to the extent permitted by law) Ticket prices include beer and food.

Early Childhood Mental Health: Preparing Children for Success in School and Life

May 22nd 10:00 AM - 3:00 PM
The Poughkeepsie Grand (40 Civic Center Plaza, Poughkeepsie, NY)
Speaker: Dr. Gilbert Foley, Associate Professor of School Clinical-Child Psychology at Ferkauf Graduate School of Psychology of Yeshiva University, Coordinator of the Infancy and Early Childhood Track.



16th Annual Stenberg Cup Golf Tournament

Jun 9th, 8:00 AM Registration
Trump National Golf Club Hudson Valley, Hopewell Junction, NY
\$225 per golfer includes: Continental breakfast, Barbeque lunch, 18 holes of golf with cart, refreshments on the course, cocktails, hors d'oeuvres and dinner.



Did You Know?

- “Just over 20 percent (or 1 in 5) children, either currently or at some point during their life, have had a seriously debilitating mental disorder.” – *National Institute of Mental Health* (Page last updated: April 9, 2014)
- “Nearly 40 percent of child abuse and neglect victims receive no post-investigation services and many more receive far fewer services than they need.” – *Children’s Defence Fund* (Release Date: January 24, 2013)
- “A nationwide survey of youth in grades 9–12 in public and private schools in the United States found that 16% of students reported seriously considering suicide, 13% reported creating a plan, and 8% reporting trying to take their own life in the 12 months preceding the survey. Each year, approximately 157,000 youth between the ages of 10 and 24 receive medical care for self-inflicted injuries at Emergency Departments across the U.S.” – *Centers for Disease Control and Prevention* (Page last updated: January 9, 2014)
- “Approximately 13% of children ages 8 to 15 had a diagnosable mental disorder within the previous year. The most common disorder among this age group is attention-deficit/hyperactivity disorder (ADHD), which affects 8.5 percent of this population. This is followed by mood disorders broadly at 3.7 percent, and major depressive disorder specifically at 2.7 percent.” – *National Institute of Mental Health* (Page last updated: April 9, 2014)
- “The youngest children are the most vulnerable to maltreatment. In 2012, 51 states reported that more than one-quarter of victims were younger than 3 years. Twenty percent of victims were in the age group of 3–5 years.” – *United States Children’s Bureau – Child Maltreatment* (Published: December 17, 2013)

For More Information

www.astorservices.org

Check out our mental health blog by Dr. Suzanne Button:

[www.astorservices.org/children/
category/mental-health/](http://www.astorservices.org/children/category/mental-health/)

