



...Because every child deserves a childhood

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Astor's David and Robert Crenshaw Training Fund to Sponsor Trauma-Focused: Cognitive Behavioral Therapy Advanced Training

Rhinebeck, NY – The David and Robert Crenshaw Training Fund of Astor Services for Children & Families promotes the continued training for Astor's employees and the wider community of service providers. It will sponsor "Trauma-Focused: Cognitive Behavioral Therapy Advanced Training" on November 19, 2009 from 10:00am – 4:00pm at the Poughkeepsie Grand Hotel.

This advanced level training will address multiple and complex trauma, avoidant children, ending treatment and dealing with complicated cases. It will be conducted by Dr. Esther Deblinger, co-founder and co-director of the New Jersey Child Abuse Research Education & Service (CARES) Institute and professor of clinical psychiatry at the University of Medicine & Dentistry of New Jersey, and co-author of the evidence-based TF-CBT program for child sexual abuse and trauma.

Participants must have taken the free online 10-hour TF-CBT training and/or are actively using TF-CBT in treatment, as a pre-requisite for participating in this training. The fee is \$75.00 and includes continental breakfast and lunch.

"This training will help clinicians work more effectively with children and families who have been exposed to multiple traumas, including sexual abuse, domestic violence, neglect, physical abuse and loss. The Trauma-Focused: Cognitive Behavioral Therapy approach is a highly acclaimed evidenced-based program recognized by the U.S. Department of Health and Human Services SAMHSA (Substance Abuse and Mental Health Services and Administration). It is also promoted by the New York State Office of Mental Health for its effectiveness," says Athena Drewes, PsyD, RPT-S, Director of Clinical Training and APA Internship, Astor Services for Children & Families.

For more information, contact Dr. Athena Drewes at email: adrewes@astorservices.org; Phone (845) 452-6077 ext. 112. Checks can be made payable and mailed to Astor Services for Children & Families, 13 Mt. Carmel Place, Poughkeepsie, NY 12601; Attention: Dr. Athena Drewes. Deadline for registration is November 16, 2009.

Astor Services for Children & Families (formerly The Astor Home for Children), as it has since 1953, promotes the well-being of children, adolescents and their families through a range of programs that prevent and treat emotional problems and facilitate healthy development. Now serving over 6,000 children and families annually, Astor's current range of services to families in the Mid-Hudson Valley and the Bronx include: Residential Treatment, Therapeutic Foster Family Care, Early Childhood Programs, and Community-Based Behavioral Health and Prevention Services. For additional information about Astor Services for Children & Families, please visit their website at www.astorservices.org or call Astor Services for Children & Families: Home for Children Foundation at (845) 871-1117.

