



...Because every child deserves a childhood

Central Administration

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**Astor's David and Robert Crenshaw Training Fund to Sponsor
"Using Motivational Interviewing in Therapy with Children and Teens"**

Rhinebeck, NY – The David and Robert Crenshaw Training Fund of Astor Services for Children & Families promotes the continued training for Astor's employees and the wider community of service providers. It will sponsor the workshop, "Using Motivational Interviewing in Therapy with Children and Teens," on November 14th from 10:00am – 4:00pm at the Poughkeepsie Grand Hotel. David S. Prescott, LICSW, will present.

Motivational Interviewing is an evidence-based method that offers clinicians a powerful tool for helping child and teen clients identify ways to draw on their strengths in order to make desired changes in their lives. This workshop will cover the basics of Motivational Interviewing through didactic and role-playing, which can be applied into direct practice with diverse clients and treatment areas, including sexual abuse and complex trauma.

Prescott has worked in and around inpatient settings since 1984, specifically with individuals who have been sexually abused. He has a strong interest in sharing resources, networking, and training to increase knowledge in these fields. Specifically, his clinical and training interests focus on motivational enhancement, developing and maintaining therapeutic relationships, and assessing treatment progress.

"This training will help to enhance our clinicians' treatment skills for effectively working in a strength-based way with difficult client cases. We are excited to be able to have such a renowned expert," says Athena Drewes, PsyD, RPT-S, Director of Clinical Training and APA Internship, Astor Services for Children & Families.

For more information, contact Dr. Athena Drewes at email: adrewes@astorservices.org; Phone (845) 673-4260 ext. 232. Checks can be made payable and mailed to Astor Services for Children & Families, 390 Crystal Run Road, Suite 107, Middletown, NY 110941; Attention: Dr. Athena Drewes. Deadline for registration is November 11, 2011.

Astor Services for Children & Families (formerly The Astor Home for Children), as it has since 1953, promotes the well-being of children, adolescents and their families through a range of programs that prevent and treat emotional problems and facilitate healthy development. Now serving over 6,000 children and families annually, Astor's current range of services to families in the Mid-Hudson Valley and the Bronx include: Residential Treatment, Therapeutic Foster Family Care, Early Childhood Programs, and Community-Based Behavioral Health and Prevention Services. For additional information about Astor Services for Children & Families, please visit their website at www.astorservices.org or call Astor Services for Children & Families: Home for Children Foundation at (845) 871-1117.

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