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Astor Receives $80,000 Grant from the American Mental Health Foundation

Rhinebeck, N.Y. — Astor Services for Children & Families (Astor) received an $80,000 grant from the American Mental Health Foundation (AMHF) to develop and study early identification and palliative strategies for young people who are at risk for psychosis. The project, “Early Identification and Palliative Care for Psychotic Disorders in Children and Youth,” has been funded for one year with the possibility of continued funding for long-term follow-up. Astor’s Suzanne Button, Ph.D., Assistant Executive Director, Quality & Clinical Outcomes, is the lead investigator on this research project.

“Youth at risk for psychosis, which is one of the most severe and debilitating thinking disturbances, can benefit from early social skills and problem-solving training. Their families can support their child’s healthy development with strategies and skills that promote resiliency and good overall health. This generous support from the American Mental Health Foundation will allow us to apply some of our knowledge about the treatment of these youth and follow the impact of enhanced care and support on their adjustment and functioning,” says Dr. Suzanne Button.

The American Mental Health Foundation is a research organization based in New York City. With over 85 years conducting research in the mental health field, AMHF is dedicated to the welfare of people suffering from emotional problems, especially the disabled and elderly.

Since 1953, Astor Services for Children & Families (formerly The Astor Home for Children) has been providing behavioral and educational services in a caring environment where children and their families find strength, healing, hope and trust. Now serving over 6,000 children and families annually, Astor’s current range of services to families in the Mid-Hudson Valley and the Bronx include: Residential Treatment, Therapeutic Foster Family Care, Early Childhood Programs, and Community-Based Behavioral Health and Prevention Services. For additional information about Astor Services for Children & Families, please visit their website at www.astorservices.org or call Astor Services for Children & Families: Home for Children Foundation at (845) 871-1117.

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