



...Because every child deserves a childhood

Central Administration

6339 Mill Street
P.O. Box 5005
Rhinebeck, NY 12572-5005
Tel: (845) 871-1000
Fax: (845) 876-2020
Email: astor@astorservices.org
Website: www.astorservices.org

For more information contact:

Sonia Barnes-Moorhead
(845) 871-1117, smoorhead@astorservices.org

FOR IMMEDIATE RELEASE: March 15, 2013

**Astor Services and DCRCO
Hosted 10th Annual Public Policy Breakfast**

Rhinebeck, NY – The 10th Annual Public Policy Breakfast, hosted by Astor Services for Children & Families and the Dutchess County Regional Chamber of Commerce, took place on Thursday, March 14, 2013 at 7:30 AM at the Poughkeepsie Grand Hotel. Robert Brooks, Ph.D., addressed an audience of business and community leaders on the topic, “Creating a Mindset of Success in Children.”

Brooks’ presentation was focused on the mindset of parents, educators and others who are more effective in teaching and reaching children and adolescents, the importance of empathy in understanding and responding to youngsters; and the significance of a strength-based approach in which each child’s ‘island of competence’ is identified and reinforced.

Brooks, a faculty member of Harvard Medical School, has lectured nationally and internationally to audiences of parents, educators, mental health professionals and business people. Some topics pertain to motivation, resilience, family relationships, the qualities of effective leaders and executives, and balancing our personal and professional lives. He has also written extensively about these topics. He is the author/co-author of 15 books including *Raising Resilient Children with Autism Spectrum Disorders*; *The Self-Esteem Teacher*; *The Charismatic Advisor: Becoming a Source of Strength in the Lives of Your Clients*; *Raising Resilient Children*; and *Nurturing Resilience in Our Children: Answers to the Most Important Parenting Questions*.

“I believe all kids, given the right environment and support, can be successful, as highlighted during Dr. Brooks’ presentation. Astor has programs that support this success,” says Dr. Jim McGuirk, Executive Director, CEO, Astor Services for Children & Families.

Integrated Enterprise Solutions, M&T Bank, McCabe & Mack, LLP, and Rose & Kiernan, Inc., sponsored the Public Policy Breakfast.

Since 1953, Astor Services for Children & Families (formerly The Astor Home for Children) has been providing behavioral and educational services in a caring environment where children and their families find strength, healing, hope and trust. Now serving over 6,000 children and families annually, Astor’s current range of services to families in the Mid-Hudson Valley and the Bronx include: Residential Treatment, Therapeutic Foster Family Care, Early Childhood Programs, and Community-Based Behavioral Health and Prevention Services. For additional information about Astor Services for Children & Families, please visit their website at www.astorservices.org or call Astor Services for Children & Families: Home for Children Foundation at (845) 871-1117.

###

