



HOME FOR CHILDREN

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Astor and Dutchess County Regional Chamber Host Successful Breakfast on Long-Term Impact of Childhood Trauma

Rhinebeck, N.Y. – The Sixth Annual Public Policy Breakfast, hosted by The Astor Home for Children and the Dutchess County Regional Chamber of Commerce took place on Tuesday, March 3 at the Poughkeepsie Grand Hotel. The event was a great success, attended by over 100 business and community leaders from around the Hudson Valley. Dr. Sandra Bloom, Board-Certified psychiatrist, addressed the audience on the topic “Does Childhood Matter to Adults?” by presenting information about childhood trauma and the ACE study.

The ACE Study was conducted in collaboration between the Center for Disease Control and Kaiser Permanente and is perhaps the largest scientific research study of its kind, analyzing the relationship between multiple categories of childhood trauma (ACEs), and health and behavioral outcomes later in life. The study depicts the strong relationship between early childhood experiences and health outcomes in adulthood, including life expectancy. Dr. Bloom made a strong case for investing in programs that provide safe environments for children as one method for control health care costs in the future.

Dr. Bloom is a graduate of Temple University School of Medicine, and recipient of the 2005 Temple University School of Medicine Alumni Achievement Award. She is an Adjunct Professor of Health Management and Policy at the School of Public Health of Drexel University in Philadelphia, Fellow of the College of Physicians of Philadelphia, and President of CommunityWorks, an organizational consulting firm committed to the development of nonviolent environments.

“I feel fortunate that we were able to have Dr. Bloom, a world renowned psychiatrist, address our community on the importance of supporting families of young children so that they may have a sage and healthy start in life; and it is our responsibility as a community to play a role in that,” says James McGuirk, Ph.D., Executive Director/CEO, The Astor Home for Children. “On behalf of Astor and the Dutchess Regional Chamber of Commerce, a very sincere thank you to all who participated and made our sixth annual Public Policy breakfast a great success!”

Sponsors of this year’s Public Policy breakfast included L.C.S Facility Maintenance, McCabe & Mack, and Rose & Kiernan.

The Astor Home for Children, as it has since 1953, promotes the well-being of children, adolescents and their families through a range of programs that prevent and treat emotional problems and facilitate healthy development. Now serving over 6,500 children and families annually, Astor’s current range of services to families in the Mid-Hudson Valley and the Bronx include: Residential Treatment, Therapeutic Foster Family Care, Early Childhood Programs, and Community Based Mental Health and Educational Services. For additional information about The Astor Home for Children, please visit their website at, The Astor Home for Children please visit www.astorservices.org or call The Astor Home for Children Foundation at (845) 871-1117.