



## Adult Care Management Program

Health Homes Care Management is a health benefit available to individuals with Medicaid insurance that links participants to community services and care they may need to improve their overall health.

This may mean fewer trips to the emergency room, less time spent in hospitals, getting regular care and services from doctors and providers, finding a safe place to live, and finding a way to get to medical appointments.

An individualized plan of care is created with a care manager to help participants organize all providers involved in their health and wellness, from medical to behavioral health. Services are offered in person or by phone, and are offered at no cost.

Astor provides these services as part of Hudson Valley Care Coalition, a New York State Health Home.

### To Participate

All participants must be:

- Residents of Dutchess, Ulster, or Orange Counties
- 18 years old and older
- Enrolled in Medicaid insurance

All participants must also have one of the following:

- Two or more chronic conditions (ex. hypertension, obesity, diabetes, asthma)

OR

- One single qualifying condition of:
  - Serious Mental Illness (SMI), or
  - HIV/AIDS

### For more information

or to make a referral, please contact:

**Joe Pettignano, MS**

*Care Management Supervisor*

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