

Contact Us

For more information contact:

**Regional Director
of Outpatient Clinics**
Amie Adams, LCSW-R
Tel: (845) 471-6004

46 Lincoln Avenue
Poughkeepsie, NY 12601-4518



Sponsored by:
**Catholic Charities
of the Archdiocese
of New York**



Contracted by:
**Ulster County
Department of Health
and Mental Health**



Contracted by:
**Dutchess County
Dept of Behavioral &
Community Health**



Accredited by:
**The Joint
Commission**



James McGuirk, Ph.D
Executive Director/ CEO
Astoria Services for Children & Families

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www.astorservices.org

Astoria Services for Children & Families

46 Lincoln Avenue
Poughkeepsie, NY 12601-4518

Return Service Requested



Counseling Centers

WALK-INS WELCOME

Monday-Friday 9am-5pm

Ellenville: Tuesday-Thursday 9am-5pm



ASTOR
SERVICES FOR CHILDREN & FAMILIES

**Hudson Valley Community-Based
Behavioral Health and Prevention Services**

...Because every child deserves a childhood.



“Sometimes a child just needs us to be there.”

I can't imagine doing anything that could provide me deeper satisfactions, than the joy of seeing children grow and heal.”

- Dr. David Crenshaw

Retired Clinical Director of Astor Services for Children & Families and Astor's Board of Directors Co-Chair.

A Tradition of Excellence...

Astor Services for Children & Families, has since 1953, promoted the well-being of children, adolescents and their families through a range of programs that prevent and treat emotional problems and facilitate healthy development.

Now serving over 6,000 children and families annually, Astor's current range of services to families in the Mid-Hudson Valley and the Bronx include:

- Residential Treatment
- Therapeutic Foster Family Care
- Early Childhood Programs
- Community-Based Behavioral Health and Prevention Services.

Our Mission

To provide behavioral and educational services in a caring environment where children and their families find strength, healing, hope and trust.

Our Vision

To see children meet life's challenges, pursue their dreams and reach their full potential.

About Us

Astor Counseling Centers, located throughout Dutchess & Ulster Counties, NY provide counseling, psychiatric services and case management to children and adolescents (ages 2-21) and their families. Licensed by the New York State Office of Mental Health and accredited by The Joint Commission.

First time clients who would like to be seen at one of the Primary Counseling Centers can walk-in between the hours of 9am-5pm Monday through Friday (Ellenville location open 9am-5pm Tues. through Thurs.).

All our Counseling Centers have evening appointments for clients who have been admitted for treatment. Please call the Center located near you for their specific hours.

Dutchess and Ulster Counties contract with Astor's Counseling Centers to provide specialized treatment services to help children reach their highest potential in family life, school, friendships, and recreation.

Eligibility & Enrollment Requirements

To be eligible for Astor Counseling Services, the youth must:

1. Reside in Dutchess or Ulster County
2. Be between the ages of 2-21
3. Have a mental health concern that interferes with one's own life, the family's life or life within the community.

How to Obtain an Intake Appointment

“Walk-ins” are welcome at the **Primary Counseling Centers** during the hours of 9am - 5pm Monday through Friday (Ellenville location open 9am-5pm Tues. through Thurs.) and can wait for the next available intake appointment.

Fees

- Insurance
- Medicaid
- Self pay

Payment is expected at time of service

What Types of Services are Available at the Counseling Center?

The Astor Counseling Center staff has expertise in a variety of treatment approaches designed to assist children and families. The following is a list of the various treatment approaches available within the counseling centers:

- Treatment Planning
- Health Screening
- Substance Abuse Screening
- Comprehensive Assessment
- Families Together Group Therapy
- Walk-in Crisis Intervention Services
- Family, Individual and Group Therapy
- Psychiatric Services and Medication Management
- Specialized Treatments with Sexual Harm, PCIT & Co-Occurring Disorders
- Safety Planning
- ADHD Evaluation
- Family Advocacy
- Outreach

Locations

DUTCHESS COUNTY:

Beacon Counseling Center

223 Main Street Beacon, NY 12508
Tel: (845) 838-4920 | Fax: (845) 838-4924

Poughkeepsie Counseling Center

46 Lincoln Avenue Poughkeepsie, New York 12601
Tel: (845) 471-6004 | Fax: (845) 471-7099

Dover Counseling Center

6423 Rt. 55 Wingdale, NY 12594
Tel: (845) 350-3010 | Fax: (845) 350-3013

Hyde Park Counseling Center

4252 Albany Post Road, Suite 2, Hyde Park, NY 12538
Tel: (845) 233-5935 | Fax: (845) 233-4726

Rhinebeck (Satellite) Counseling Center

187 E. Market Street, Rhinebeck, NY, 12572
Tel: (845) 871-1535 or (845) 871-1536 | Fax: (845) 876-1507

ULSTER COUNTY:

Ellenville Counseling Center

50 Center St, Trudy Resnick Farber Bldg, Ellenville, NY 12428
Tel: (845) 647-3349 | Fax: (845) 647-3352

Kingston Counseling Center

239 Golden Hill Lane, Suite 100 Kingston, NY 12401
Tel: (845) 340-4105 | Fax: (845) 340-4053

New Paltz Counseling Center

137 N. Chestnut Street, New Paltz, NY 12561
Tel: (845) 419-0850 | Fax: (845) 419-0852

Offsite Services:

Cold Spring Elementary School
Seymour Smith Elementary School
Stissing Mountain Jr/Sr High School
Premier Medical Group
Astor Learning Center
Head Start - Poughkeepsie
New Paltz Middle School
CareMount Medical Group