Counseling Centers

Astor’s Counseling Centers provide therapy, psychiatric services, and family advocacy to youth (ages 2-26) and their families using a strengths-based approach.

Services Offered

The Astor team has an expertise in a variety of evidence-based treatment services designed to integrate the complex and co-occurring needs of youth and families. The following is a list of the services available within the clinic:

• Family, Individual and Group Therapy
• Crisis Intervention & Safety Planning
• Psychiatric Services & Medication Management
• Psychological Testing
• Behavioral health assessment
• Substance use screening and treatment
• Treatment of Youth who cause sexual harm
• Family Advocacy

Cost

Astor’s Counseling Centers accept insurance and Medicaid. Individuals without insurance can utilize a sliding-scale fee.

Locations:

Bronx County Counseling Centers:

750 Tilden Street
Bronx, NY 10467
(718) 231-3400
Mon-Thur: 9am–8pm, Fri: 9am–5pm
Closed on weekends and holidays
*Walk-in intakes welcome Mon.-Fri. 9am-2pm

1419 Shakespeare Avenue
Bronx, NY 10452
(718) 732-7080
Mon-Thur: 9am–8pm, Fri: 9am–5pm
Closed on weekends and holidays
*Walk-in intakes welcome Mon.-Fri. 9am-2pm

Astor offers counseling and admissions through tele health services.

Contact Us:

ClinicsBX@astorservices.org
www.astorservices.org