



## Counseling Centers

Astor's Counseling Centers provide therapy, psychiatric services, and family advocacy to youth (ages 2-26) and their families using a strengths-based approach.

Our interdisciplinary team includes child psychiatrists, psychologists, psychiatric nurse practitioners, nurses, social workers, mental health counselors, and family advocates.

### Services Offered

The Astor team has an expertise in a variety of evidence-based treatment services designed to integrate the complex and co-occurring needs of youth and families. The following is a list of the services available within the clinic:

- Family, Individual and Group Therapy
- Crisis Intervention & Safety Planning
- Psychiatric Services & Medication Management
- Psychological Testing
- Behavioral health assessment
- Substance use screening and treatment
- Treatment of Youth who cause sexual harm
- Family Advocacy

### Cost

Astor's Counseling Centers accept insurance and Medicaid. Individuals without insurance can utilize a sliding-scale fee.

### Locations:

#### Bronx County Counseling Centers:

##### **750 Tilden Street**

**Bronx, NY 10467**

(718) 231-3400

Mon-Thur: 9am-8pm, Fri: 9am-5pm

Closed on weekends and holidays

\*Walk-in intakes welcome Mon.-Fri. 9am-2pm

##### **1057 Southern Boulevard**

**Bronx, NY 10459**

(718) 732-7080

Mon-Thur: 9am-8pm, Fri: 9am-5pm

Closed on weekends and holidays

\*Walk-in intakes welcome Mon.-Fri. 9am-2pm

Astor offers counseling and admissions through tele health services.

### Contact Us:

[ClinicsBX@astorservices.org](mailto:ClinicsBX@astorservices.org)

[www.astorservices.org](http://www.astorservices.org)

