Counseling Centers

Astor’s Counseling Centers provide therapy, psychiatric services, and family advocacy to youth (ages 2-26) and their families using a strengths-based approach.

**Services Offered**

- Family, Individual and Group Therapy
- Crisis Intervention & Safety Planning
- Psychiatric Services & Medication Management
- Behavioral health assessment
- Substance use screening and treatment
- Treatment of Youth who cause sexual harm
- Family Advocacy

**Cost**

Astor’s Counseling Centers accept insurance and Medicaid. Individuals without insurance can utilize a sliding-scale fee.

**Locations**

**Dutchess County Counseling Centers:**

Beacon Counseling Center  
223 Main St, Beacon, NY 12508 (845) 838-4920

Poughkeepsie Counseling Center  
46 Lincoln Ave, Poughkeepsie, NY 12601  
(845) 471-6004

Hyde Park Counseling Center  
7 Pine Woods Rd, Suite 7, Hyde Park, NY 12538  
(845) 233-5935

**Rhinebeck Counseling Center**  
6339 Mill Street, Rhinebeck, NY 12572  
(845) 871-1000 x 1081

**Dover Counseling Center**  
6423 Rt. 55, Wingdale, NY 12594  
(845) 350-3010

**Ulster County Counseling Centers:**

Ellenville Counseling Center  
Trudy Resnick Farber Bldg, 50 Center St,  
Ellenville, NY 12428 | (845) 647-3349

Kingston Counseling Center  
239 Golden Hill Lane, Suite 100,  
Kingston, NY 12401 | (845) 340-4105

Highland Counseling Center  
280 State Route 299, Highland, NY 12528  
(845) 419-3535

**Sullivan County Counseling Centers:**

Liberty Counseling Center  
20 Community Ln, Liberty, NY 12754

*Walk-in intakes welcome Mon.-Fri. 9am-2pm at all clinics except the Liberty location.

**Contact Us**

ClinicsHV@astorservices.org  
www.astorservices.org