



Counseling Centers

Astor's Counseling Centers provide therapy, psychiatric services, and family advocacy to youth (ages 2-26) and their families using a strengths-based approach.

Our interdisciplinary team includes child psychiatrists, psychologists, psychiatric nurse practitioners, nurses, social workers, mental health counselors, and family advocates.

Services Offered

- Family, Individual and Group Therapy
- Crisis Intervention & Safety Planning
- Psychiatric Services & Medication Management
- Psychological Testing
- Behavioral health assessment
- Substance use screening and treatment
- Treatment of Youth who cause sexual harm
- Family Advocacy

Cost

Astor's Counseling Centers accept insurance and Medicaid. Individuals without insurance can utilize a sliding-scale fee.

Locations:

Dutchess County Counseling Centers:

Beacon Counseling Center

223 Main St, Beacon, NY 12508 (845) 838-4920

Poughkeepsie Counseling Center

46 Lincoln Ave, Poughkeepsie, NY 12601
(845) 471-6004

Hyde Park Counseling Center

Children's Medical Group, Suite 2
4252 Albany Post Rd, Hyde Park, NY 12538
(845) 233-5935

Dover Counseling Center

6423 Rt. 55, Wingdale, NY 12594
(845) 350-3010

Rhinebeck Counseling Center

187 E. Market Street, Rhinebeck, NY 12572
(845) 871-1535

Ulster County Counseling Centers:

Ellenville Counseling Center

Trudy Resnick Farber Bldg, 50 Center St,
Ellenville, NY 12428 | (845) 647-3349

Kingston Counseling Center

239 Golden Hill Lane, Suite 100,
Kingston, NY 12401 | (845) 340-4105

Highland Counseling Center

280 State Route 299, Highland, NY 12528
(845) 419-3535