



Astor Services for Children & Families promotes the well-being of children, adolescents and their families through a range of programs.

### Home-Based Crisis Intervention (HBCI) Program

Home-Based Crisis Intervention (HBCI) is designed to prevent psychiatric hospitalization or out of home placement. HBCI is an intensive, short-term crisis intervention service and family therapy program.

#### Services include:

- Crisis Intervention
- Home-based Assessment & Treatment Planning
- Psycho-education
- Family & Individual Therapy
- Case Management & Referral Services

HBCI is staffed with licensed clinicians who are available to families 24-hours a day, 7 days a week, to respond to crisis situations.

#### HBCI Referral Process

HBCI accepts referrals from parents/caregivers, community members, schools, children's mental health providers, other agencies working with children, and psychiatric hospital emergency departments.

#### Referral Criteria:

Youth must be at-risk of inpatient hospitalization or out-of-home placement

- The identified child and family in crisis is seeking an alternative to psychiatric hospitalization or out of home placement
- The child is 18 years or younger and lives in Dutchess or Ulster County
- The family wants to remain together in the home



To refer or obtain more information, contact:

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