



Astor Services for Children & Families promotes the well-being of children, adolescents and their families through a range of programs.

Outpatient Clinics

Astor Outpatient Clinics provide counseling, psychiatric services, and family advocacy to youth (ages 2-21) and their families using a strengths-based approach. Our interdisciplinary team includes child psychiatrists, psychologists, psychiatric nurse practitioners, nurses, social workers, mental health counselors, and family advocates.

First time clients can walk in between 9 am - 5 pm (see below for individual hours of operation).

Services:

The Astor team has an expertise in a variety of evidence-based treatment services designed to integrate the complex and co-occurring needs of youth and families. The following is a list of the services available within the clinic:

- Family, Individual and Group Therapy
- Crisis Intervention & Safety Planning
- Psychiatric Services & Medication Management
- Psychological Testing
- Substance Abuse Screening & Treatment
- Treatment of Youth who cause sexual harm
- Family Advocacy

Cost:

Astor's Outpatient Clinics accept insurance and Medicaid. Clients without insurance can utilize a sliding-scale fee.

Locations:

DUTCHESS COUNTY OUTPATIENT CLINICS:

Beacon Outpatient Clinic

223 Main St, Beacon, NY 12508
(845) 838-4920 | Mon., Wed., Fri. 9-5pm; Tues. & Thurs. 9-9pm

Poughkeepsie Outpatient Clinic

46 Lincoln Ave, Poughkeepsie, NY 12601
(845) 471-6004 | Mon.-Thurs. 9-8pm and Fri. 9am-5pm

Hyde Park Outpatient Clinic

Children's Medical Group, Suite 2
4252 Albany Post Rd, Hyde Park, NY 12538
(845) 233-5935 | Mon.-Thurs. 9-8pm and Fri. 9am-5pm

Dover Outpatient Clinic

6423 Rt. 55, Wingdale, NY 12594
(845) 350-3010 | Mon.-Thurs. 9-8pm and Fri. 9am-5pm

Rhinebeck Outpatient Clinic

187 E. Market Street, Rhinebeck, NY 12572
(845) 871-1535 | Mon.-Thurs. 9-8pm and Fri. 9am-5pm

ULSTER COUNTY OUTPATIENT CLINICS:

Ellenville Counseling Center

Trudy Resnick Farber Bldg, 50 Center St, Ellenville, NY 12428
(845) 647-3349 | Tuesday-Thursday 9-8pm

Kingston Outpatient Clinic

239 Golden Hill Lane, Suite 100, Kingston, NY 12401
(845) 340-4105 | Mon.-Thurs. 9-8pm and Fri. 9am-5pm

New Paltz Outpatient Clinic

New Paltz Counseling Center
137 N. Chestnut Street, New Paltz, NY 12561
(845) 419-0850 | Mon.-Thurs. 9-8pm and Fri. 9am-5pm