Astor Services for Children & Families promotes the well-being of children, adolescents and their families through a range of programs.

**Outpatient Clinics**

Astor Outpatient Clinics provide counseling, psychiatric services, and family advocacy to youth (ages 2-26) and their families using a strengths-based approach. Our interdisciplinary team includes child psychiatrists, psychologists, psychiatric nurse practitioners, nurses, social workers, mental health counselors, and family advocates.

First time clients can walk in between 9 am - 5 pm (see below for individual hours of operation).

**Services:**
The Astor team has an expertise in a variety of evidence-based treatment services designed to integrate the complex and co-occurring needs of youth and families. The following is a list of the services available within the clinic:

- Family, Individual and Group Therapy
- Crisis Intervention & Safety Planning
- Psychiatric Services & Medication Management
- Psychological Testing
- Substance Abuse Screening & Treatment
- Treatment of Youth who cause sexual harm
- Family Advocacy

**Cost:**
Astor’s Outpatient Clinics accept insurance and Medicaid. Clients without insurance can utilize a sliding-scale fee.

**Locations:**

**DUTCHESS COUNTY OUTPATIENT CLINICS:**

- **Beacon Outpatient Clinic**
  223 Main St, Beacon, NY 12508
  (845) 838-4920 | Mon., Wed., Fri. 9-5pm; Tues. & Thurs. 9-9pm

- **Poughkeepsie Outpatient Clinic**
  46 Lincoln Ave, Poughkeepsie, NY 12601
  (845) 471-6004 | Mon.-Thurs. 9-8pm and Fri. 9am-5pm

- **Hyde Park Outpatient Clinic**
  7 Pine Woods Road, Suite 7, Hyde Park, NY 12538
  (845) 233-5935 | Mon.-Thurs. 9-8pm and Fri. 9am-5pm

- **Dover Outpatient Clinic**
  6423 Rt. 55, Wingdale, NY 12594
  (845) 350-3010 | Mon.-Thurs. 9-8pm and Fri. 9am-5pm

- **Rhinebeck Outpatient Clinic**
  187 E. Market Street, Rhinebeck, NY 12572
  (845) 871-1535 | Mon.-Thurs. 9-8pm and Fri. 9am-5pm

**ULSTER COUNTY OUTPATIENT CLINICS:**

- **Ellenville Counseling Center**
  Trudy Resnick Farber Bldg, 50 Center St, Ellenville, NY 12428
  (845) 647-3349 | Tuesday-Thursday 9-8pm

- **Kingston Outpatient Clinic**
  239 Golden Hill Lane, Suite 100, Kingston, NY 12401
  (845) 340-4105 | Mon.-Thurs. 9-8pm and Fri. 9am-5pm

- **New Paltz Outpatient Clinic**
  New Paltz Counseling Center
  137 N. Chestnut Street, New Paltz, NY 12561
  (845) 419-0850 | Mon.-Thurs. 9-8pm and Fri. 9am-5pm

...Because every child deserves a childhood.