



Raising Resilient Youth Together

**Group
Meetings**

**4 Week
Sessions**

Join our Parent & Caregiver Group meeting where you will be introduced to the language of mental health

- Learn about education-based laws and how they apply to the children in your care
- Identify barriers and solutions
- Recognizing strengths and supports
- Meet peer families and build community

For caregivers of youth under 18 who have medicaid

For more information, please contact your clinician or e-mail Carmen Torres at ctorres@astorservices.org



www.astorservices.org