

SOCIAL SKILLS GROUP

OUTLINE

ASCA Mindsets & Behaviors: Create positive and supportive relationships with other students;
Demonstrate ethical decision-making and social responsibility; Use effective oral communication skills;
Belief in development of whole self; Self-confidence in ability to succeed

CASEL Competencies: Self-Awareness; Relationship Skills; Self-Management

Global Objectives: Increase social skills and positive social interactions with peers

Group Overview:

Session 1 is an introduction to the group and is for developing group culture. Sessions 2-12 are for developing specific social skills. Each session begins with a story or visual to discuss the skill or concept, followed by sorting cards or a worksheet and then discussion/task cards. Session 13 is for closing the group and creating a physical representation/processing of the sessions.