



2015-2016 Annual Report

*...Because every child
deserves a childhood*

Astor's impact on Children & Families

...Because every child deserves a childhood

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We thank them for all the work they do on behalf of our children and families!



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6,406 Lives
impacted in 2015-2016

171,738 Lives
impacted since 1953



WHO WE ARE:

Since 1953, Astor Services for Children & Families has promoted the well-being of children, adolescents and their families through a range of programs that prevent and treat emotional problems and facilitate healthy development. Astor's current range of services to families in the Hudson Valley and the Bronx include: Residential Treatment, Therapeutic Foster Family Care, Early Childhood Programs, and Community-Based Behavioral Health and Prevention Services.

Dear Friends,

Thank you for making FY 2015 - 2016 yet another remarkable year for Astor Services for Children & Families!

With the support of our donors and boards, our dedicated staff has done an incredible job at expanding our outreach while strengthening our programs and services.



Photo by Gerald Peart, Photographer

A few program highlights include:

Growth of our Bronx Programs. The mental/behavioral health services we provide in the Bronx have expanded to include our partnership with 30 failing schools, thanks to the Mayor Bill de Blasio's Renewal Schools Initiative – a project that includes comprehensive services, including mental/behavioral health, to strengthen the services children receive to impact their success. In addition, tele-psychiatry, a new innovative approach to work with children is being implemented.

Strengthening our Early Childhood Programs. As a follow-up to data that showed children lose knowledge over the summer, Astor reduced the number of slots served in our Head Start programs, and increased the length of time served, transitioning them to a full-year program.

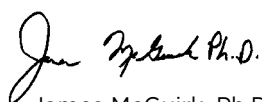
Contributing to the development of Children's Health Homes. Health Homes is a care management service model where all a child's caregivers' communications are coordinated to ensure all their needs are addressed in a comprehensive manner. This is the service of care for children who receive Medicaid, a large percentage of our clients.

Astor is a member of two collaborations designed to serve children who qualify for Health Home serving children in New York City, Long Island, Westchester and Upstate New York: The Collaborative for Children and Families (CCF) and The Children's Health Home of Upstate New York (CHHUNY). These two designated children's Health Homes have experience in providing children and family services, including foster care, prevention, behavioral health, and special education. As Astor's Executive Director/CEO, I am on the Board of Directors of each of these Health Homes.

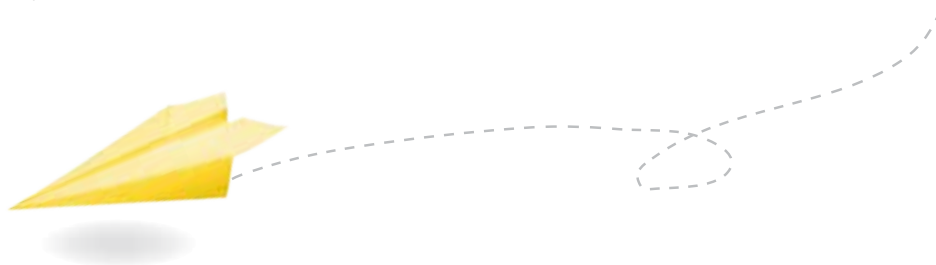
This year, for example, the newly formed Families for Astor Committee was created by 10 families in the Hudson Valley, that not only are working to raise much-needed support for our children, but also are intentionally building the pipeline of giving by engaging their children in the process. As well, our boards have helped us dramatically increase our donor base.

Thank you for wholeheartedly being a part of the important work we do on behalf of vulnerable children and families by serving thousands of children. We are looking forward to much more in 2016-2017!

Sincerely,



James McGuirk, Ph.D.
Executive Director/CEO



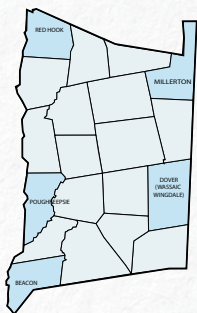
Mission

Astor provides behavioral health and educational services offering children the opportunity to meet life's challenges, pursue their dreams, and reach their full potential.

Vision

Astor will be the preeminent provider of behavioral health and educational services through high quality, comprehensive services to children and families in New York State.

Early Childhood Programs

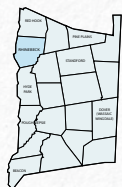


Dutchess County

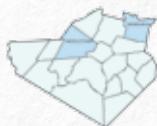
	Total Served
Head Start	485
Early Head Start	228
Universal Pre-Kindergarten (Daycare)	32
1-8-2	17
Special Class Integrated Setting (SCIS)	45
Therapeutic Preschool (TP)	7
Total	811

Note: Children in the 1-8-2, SCIS and TP Programs are also served by Head Start.

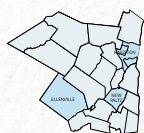
Hudson Valley Community-Based Behavioral Health and Prevention Services



Dutchess County



Orange County



Ulster County

	Total Served
Counseling Programs	2,365
Community-Based Services/High-Risk	
Service Coordination	545
Day Treatment & Adolescent Services	611
Total	3,521



Bronx County

Bronx Community-Based Behavioral Health and Prevention Services

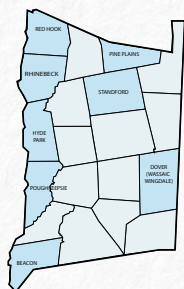
	Total Served
Lawrence F. Hickey Center for Child Development	76
Prevention Programs	94
Outpatient Clinics	1,503
Day Treatment	273
Total	1,946

Residential Treatment Programs

(RHINEBECK)

	Total Served
Residential Treatment Facility (RTF)	34
Residential Treatment Center (RTC)	66
Day Program	28
Total	128

Note: Children in these programs attend The Astor Learning Center



Dutchess County



Growth in the Bronx Community-Based Educational and Behavioral Health Programs

The Bronx Programs have expanded greatly:

There are now over 50 sites in the Bronx, which include serving 30 renewal schools through the Mayor's Renewal Schools Initiative for failing schools.

Tele-Psychiatry is a new service that uses technology to make it easier for children and families to receive their services.

Meet Joshua

"MY NAME IS JOSHUA...

and I'm 5, I mean 6, years old. I'm much happier now.

Before, when grandma was in the hospital—now she's in Heaven—and the cops broke into our apartment and arrested my mommy and daddy because they found a loaded gun in the refrigerator, I was always mad.

I yelled and screamed and hit and kicked and bit. Then, when I said that I wanted to die and go live with grandma in Heaven, the lady that me and my baby sister were living with, took me to the hospital and had me locked up. After I got out, I started living with my titi (aunt) Graziella, who I really love and she found me my new school at Astor.

When I first started there, I told everybody I met that I bite and punch if anyone is mean to me. I always used to tell people that and also that I would get a knife and stab anybody if they came near my baby sister. So, when I got to Astor and told that to my new teacher, she said, "Thank you for letting me know what you do when you're mad. If someone bothers you, you just let me or another grown-up know." And my new therapist told me that it sounds like I feel like I have to protect myself and my sister. "Of course," I told her, since my father went to jail.

I really try not to think about all that though sometimes I do. The grown-ups say it hasn't even been a year since my grandma died. I loved my grandma a lot. She was the one who really

knew how to take care of me and my baby sister. I also really miss my mommy and daddy but my therapist and my titi Graziella tell me that even though they love me a lot they have too many problems and have to learn how to take care of kids better. Titi Graziella says that I can stay with her for as long as I want. She also really knows how to take care of kids and lets me play after I do my homework and doesn't yell at me when I'm cranky and tells me, "It's ok, everything's going to be fine."

Astor is a great school because the grown-ups are nice there and they don't get mad at me if I'm sometimes in a bad mood.

My therapist and behavior coach are always around in case I start feeling sad or mad during the day and need to take a break from class. My therapist tells me it's okay to be sad and mad and that she would feel the same way if she were me and that kids shouldn't have to worry about everything the way I used to have to do. So, I've decided that even though I miss grandma a lot, I want to wait until I'm really old before I go to Heaven and visit her. Now when I miss her, I look at her picture and sometimes I think about all the things I want to tell her. And, guess what? Most of the time when I meet new people I forget to tell them that I bite and will get a knife if people are mean to me and my sister. Instead, I smile a little and say, "Nice to meet you, too."

STRENGTHENING OUR EARLY CHILDHOOD DEVELOPMENT PROGRAMS:

Furthering Astor's Commitment to Nurturing School Readiness and Life-Long Learners...

As a result of our Community Needs Assessment and other new studies showing children's loss of knowledge over the summer, Astor has aligned with the Designation Renewal System (DRS) by reducing the number of slots served by Astor's Head Start program, while increasing the length of time the children are served.

In securing the five-year Head Start grant, Astor began the transition of being a full-year program for all Head Start and Early Head Start children, effective the 2016- 2017 school year.



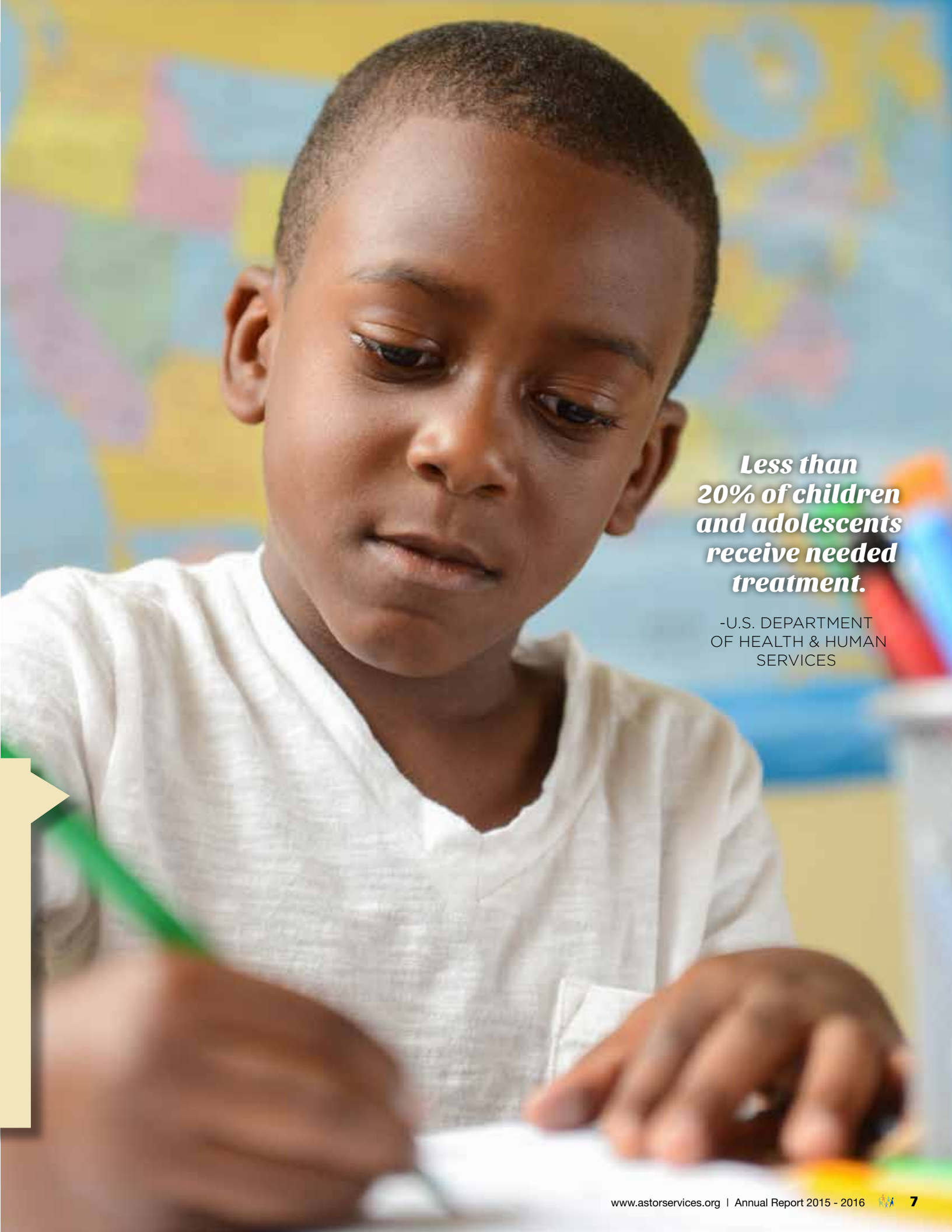
***“One reason I like Astor is
because the teachers are very nice!”***

When I get in my brother's classroom, they let me play with the toys. Are you starting to think Astor is the best school ever? Well I think it is. They have the best toys ever. Jenah's little brother goes to the same preschool. And that is why I love my brothers' Pre-K... I feel happy at Astor. It's the best preschool ever. So that's that.

It really is the best school ever!”

– Sibling of a Head Start child





***Less than
20% of children
and adolescents
receive needed
treatment.***

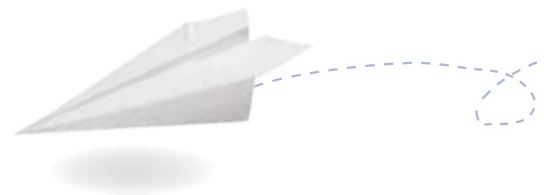
-U.S. DEPARTMENT
OF HEALTH & HUMAN
SERVICES



ASTOR'S RESIDENTIAL TREATMENT PROGRAMS:

**Making our children
feel loved and safe.**

Many of our children have experienced severe trauma. Our dedicated staff work tirelessly to make sure our children are cared for in a loving, safe environment.



***One in 10 young people has
experienced a period of
major depression.***

U.S. DEPARTMENT OF HEALTH
& HUMAN SERVICES



Meet John

ASTOR'S LASTING IMPACT

Every now and then John Patrick Donnellan travels from San Antonio, Texas, back up to Rhinebeck, New York, to Astor's Residential Facility, where he spent two years as a young boy.

Donnellan, whose birth certificate only lists "Baby Boy Donnellan," with the city and date of his birth. He spent much of his early years in foster care and bounced around from orphanage to orphanage. In 1969, at the age of 10, Donnellan came to Rhinebeck from a foster home in Queens, NY. "It was heaven to come from Queens to beautiful Rhinebeck," said Donnellan, who has fond memories of socials and movie nights at Astor's Residential Program... One of his favorite gifts was a record player and Led Zeppelin's first album, courtesy of Sister Fredericka, who made that year the best Christmas he ever had.

"I came in the winter time and remember being so excited to go sledding down the hill in the back," Donnellan said. "We would go up and down for six or seven hours without coming back inside."

Arnie Kuhn, a staff member and longtime Rhinebeck resident and sports enthusiast, played an integral role in Donnellan's childhood.

He remembered going on eight-mile hikes with Kuhn and swimming in the stream outside.

"I try to shape my life on Arnie Kuhn," Donnellan said. "He was my mentor. He impacted my life so. I even plan to be buried beside him."

Donnellan is retired from the Air Force, holds three master's degrees and is currently a high school teacher at a high-risk school in San Antonio, but his life was not easy. When he joined the Air Force in 1981, he was living in the back of his car. "I ran out of gas in front of a recruiting station in California and thought to myself, 'What do I have to lose?'"



John Patrick Donnellan as a young man

The Air Force gave Donnellan family and structure; two integral parts of life that he missed out on as a child. He spent 16 years serving overseas. He lived in Europe for 18 years, where he said, he "got to see the world and put some of this behind me."

Despite having a traumatic childhood, Donnellan overcame the odds. He learned to turn hardships into positives, and teaches his students the importance of resilience.

Every opportunity he gets, Donnellan visits Astor in Rhinebeck, to reconnect with staff and stays connected with them via social media, phone, etc., in between visits.

"My students know about this place," Donnellan said of Astor, where he learned to swim, make long-time friends and create happy memories that have followed him throughout his life.

Astor's impact on Children & Families



Hudson Valley Community-Based Educational and Behavioral Programs

The population at Astor's Adolescent Day Treatment (ADT) program, a school-based intensive treatment program that integrates mental health and special education services for adolescents aged 12-to-21, has increased greatly in recent years.

***20% of youth ages
13-18 live with a mental
health condition.***

- NATIONAL ALLIANCE
ON MENTAL ILLNESS



**Nearly half of
children in the
United States live
dangerously close to
the poverty line.**

- THE NATIONAL CENTER
FOR CHILDREN IN POVERTY



Giving Thanks

Who doesn't love a "thank you" note? This one is from a family whose child is in Astor's Adolescent Day Treatment program and received gifts from our generous donors as part of Astor's Adopt-A-Family program.



Dear adoptive family,

I would like to start off by saying thank you so much for picking my family. I am so grateful. This was truly a Christmas miracle! To see the faces of my children light up and be so overjoyed about Christmas was a great feeling. I have never felt so lucky in my life.

You, your family, (were) so giving and provided us with things as if you really knew us. I kept asking myself how did they do it. It was as if you knew our style and got to really know us, this was truly a blessing. We loved all our gifts, they were so personalized. I am appreciative beyond words. My daughters and sons were all smiles. My husband and I are so thankful for our gifts.

We have never had anyone be so kind to us before. The efforts and time that you put into our gifts truly showed and we are forever grateful. We are all blessed because of you. I wish you nothing but the best. I wish you blessings and great things for the New Year and forever. Enclosed are some pictures from our wonderful day.

Thank you,
From your adopted family

Donors

Thank you for your support.

We are deeply grateful to the individuals, businesses, corporations, foundations, and agencies that help Astor Services for Children & Families fulfill its mission.



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...Because every child
deserves a childhood



Financial Highlights 2015 - 2016

Astor Services for Children & Families
The Astor Learning Center
The Children's Foundation of Astor

Combined Income 2015- 2016	\$ Amount	%
Government Support	31,775,015	54.0
Non-Government Support	1,688,162	2.9
Medicaid	18,981,912	32.3
Private and Insurance Fees	4,252,883	7.2
Other	2,116,177	3.6
Total Income	58,814,149	100.0

Combined Expenses 2015- 2016	\$ Amount	%
Residential Programs	13,999,710	24.0
Child Guidance Clinics	8,507,019	14.6
Special Education	13,224,316	22.7
Head Start/ Early Head Start	7,897,750	13.6
Prevention	8,621,692	14.8
Support Services	6,011,798	10.3
Total Expenses	58,262,285	100.0

*Early childhood poverty sets
children on a developmental
trajectory of poorer behavioral
adjustment in emerging adulthood.*

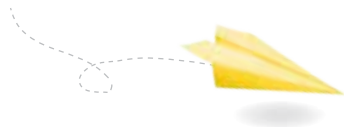
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