

# Astor Services Offers Clinical Suicide Training Workshop with Expert M. David Rudd, Ph.D

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## **ASTOR SERVICES OFFERS CLINICAL SUICIDE TRAINING WORKSHOP WITH EXPERT M. DAVID RUDD, PH.D.**

### ***Program's Five-Credit Continuing Education Training Session Aimed at Community Clinicians Working with At-Risk Children***

Astor Services for Children & Families, which provides behavioral and educational services for thousands of children and their families throughout the Bronx and mid-Hudson Valley, is offering a five-credit Continuing Education qualified training session on suicide prevention and intervention for community clinicians that work with at-risk children.

The April 25 event, "Hope as a Skill: The Assessment, Clinical Management and Treatment of Suicidality", will be presented by M. David Rudd, Ph.D. at the Poughkeepsie Grand Hotel, 40 Civic Center Plaza in Poughkeepsie, from 10 a.m. to 4 p.m.

A skills-based workshop, the program will center on suicide risk assessment, clinical management and brief cognitive behavioral therapy for suicidal behavior, including a review of applicable empirical work, clinical examples and targeted role playing that address interventions demonstrated to reduce risk. Ethical issues and recommendations for documentation will also be reviewed.

Rudd is president of the University of Memphis. A Distinguished University Professor of Psychology, he also continues funded research, along with his affiliation with the National Center for Veterans Studies at the University of Utah, as co-founder and scientific director. He has conducted research, written and presented extensively on suicide prevention and treatment of children and adolescents.

Cost for the workshop is \$150, including continental breakfast, lunch, hotel parking and five Continuing Education hours for licensed social workers, mental health counselors, creative arts therapists and marriage and family therapists. The registration deadline is April 18. To register or for more information, contact Raven Maldonado-Brown; [rmaldonadobrown@astorservices.org](mailto:rmaldonadobrown@astorservices.org) or (718) 231-3400, ext. 12245.

### **About Astor Services for Children & Families**

*Astor Services for Children & Families, as it has since 1953, promotes the well-being of children, adolescents and their families through a range of programs that prevent and treat*

*emotional problems and facilitate healthy development. Now serving more than 10,000 children and families annually, Astor's current range of services to families in the Mid-Hudson Valley and the Bronx include: Residential Treatment, Therapeutic Foster Family Care, Early Childhood Programs, and Community-Based Behavioral Health and Prevention Services. For additional information please visit <http://astorservices.org/> or call (845) 871-1117.*