# **CONTACT US**

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## **EXECUTIVE DIRECTOR/CEO**

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Catholic Charities Archdiocese of New York A STOOMAL QUALITY MAN

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Return Service Requested

Astor Services for Children & Families 6339 Mill St., P.O. Box 5005





... Because every child deserves a childhood.

### A TRADITION OF EXCELLENCE...

Astor Services for Children & Families, since 1953, promotes the well-being of children, adolescents and their families through a range of programs that prevent and treat emotional problems and facilitate healthy development. Now serving over 7,000 children and families annually, Astor's current range of services to families in the Mid-Hudson Valley and the Bronx include: Residential Treatment, Therapeutic Foster Family Care, Early Childhood Programs, and Community-Based Behavioral Health and Prevention Services.

Our mission is to provide behavioral and educational services in a caring environment where children and their families find strength, healing, hope and trust.

Our vision is to see children meet life's challenges, pursue their dreams and reach their full potential.

One-half of all chronic mental illness begins by the age of 14; three-quarters by the age of 24.

#### RESIDENTIAL PROGRAMS

Children in the Residential Programs face emotional, psychological and learning challenges that make it difficult for them to experience the simple everyday pleasures of being a child. For a period of time, Astor becomes their home. Astor provides intensive treatment for children ages 5 - 12 and their families in an environment of care and respect. Children who are in residence at the Agency's treatment programs in Rhinebeck, NY are enrolled in the Special Education Program operated by The Astor Learning Center, which was incorporated in 1980 as a state-approved private school for children with emotional problems. The Astor Learning Center was designated as a Blue Ribbon School of Excellence by the U.S. Department of Education.

## **EARLY CHILDHOOD PROGRAMS**

As the local grantee for the Federal Early Head Start and Head Start Programs, Astor provides comprehensive child development services to poverty level children and their families. The focus throughout the program is relationship-based, strength-based, and parent inclusive. Through Astor's Early Childhood Program, the Agency has continued its leadership in early childhood education.

# Hudson Valley & Bronx Community-Based Behavioral Health & Prevention Services

When a child experiences emotional or behavioral difficulties at home, in school or in the community, a parent may look to Astor's Community-Based Behavioral Health & Prevention Services in the Hudson Valley and the Bronx for support and assistance. A child's behavioral difficulties, ranging from disruptive to violent, create distress for all family members. Through a variety of specialty programs, our staff helps children, parents, siblings and extended families to cope with the strain and constant worry; and when necessary, they help to address serious issues of sexual and physical abuse, neglect, domestic violence and substance abuse. Many of the children we assist are at risk of being removed from their homes. Astor develops individualized prevention, education and support to families through our clinics, in their homes, and in school settings.

