

Contact Us

For more information or to make a referral, please contact:

Site Director

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Accredited By: The Joint Commission



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Astor Services for Children & Families
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Return Service Requested



ASTOR
SERVICES FOR CHILDREN & FAMILIES
Hudson Valley Community-
Based Behavioral Health
and Prevention Services



Ulster County Home Based Crisis Intervention



*...Because every child
deserves a childhood.*





About our Services.....

When a youth experiences emotional or behavior difficulties at home, in school or in the community, a caregiver may look to Astor for support and assistance. Through a variety of specialty programs, our staff help youth, parents, siblings, and extended family to cope with a range of emotional and behavioral difficulties. Astor provides individualized prevention, education, and support to families through our clinics, in their homes, and in school settings. Astor is an OMH licensed program approved to provide behavioral health services.

Home Based Crisis Intervention Program (HBCI)

The Astor Home-Based Crisis Intervention Program (HBCI) designed to prevent psychiatric hospitalization, is an intensive, short-term crisis intervention service and family therapy program. Astor provides this service under contract with the Ulster County Department of Health and Mental Health.

Crisis intervention, home-based assessment & treatment planning, psycho-education, family & individual therapy, case management & referral services are provided by our interdisciplinary team including

- Consulting psychiatrist
- Program Supervisor
- Licensed Mental Health Provider

Therapists are available 24 hours a day, 7 days a week to provide support during a behavioral health crisis.

HBCI Referral Process

Referrals to Astor's HBCI Program are accepted from psychiatric hospital emergency services, schools, behavioral health providers, other public agencies working with youth and families or family members.

Referrals can be made by contacting the HBCI program supervisor at (845) 554-1365 ext. 102.

HBCI Referral Criteria

- The youth and family in crisis are seeking an alternative to hospitalization.
- The youth is 18 years of age or younger and is a resident of Ulster County.
- The family wants to remain together in the home.
- There are concerns regarding the youth's ability to keep themselves and others safe. This includes aggressive behaviors.
- There is a significant decline in functioning at either home, school or within the community.

Frequently Asked Questions

With whom will the therapist meet?

- HBCI focuses on the family so whoever you and your child identify to be part of your family can participate. We encourage everyone in the home to participate. At least one parent or caregiver must be present for every session.

What will we be talking about with the therapist?

- At the time of intake, your family members will share what they hope to work on and gain during treatment. The therapist will help your family achieve this goal.

How often and for how long will the therapist be in my home?

- Your HBCI therapist will make a minimum of two visits per week that last an hour and half.

What does 24 hour on call support mean?

- Families are encouraged to contact the HBCI therapist before a situation reaches a crisis. We are here to help prevent a crisis by offering in the moment coaching and support 24 hours 7 days a week.

What happens after 6 weeks?

- Your HBCI therapist will link your family to supportive community based services to continue the progress made during our program.

