

Contact Us

For more information contact:

Astor Partial Hospitalization Program

205 South Avenue, Suite 205
Poughkeepsie, NY 12601

Tel: (845) 554-1365

Fax: (845) 554-1376



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**Catholic Charities
of the Archdiocese
of New York**



Contracted by:
**Dutchess County
Dept of Behavioral &
Community Health**



Accredited by:
**The Joint
Commission**



James McGuirk, Ph.D
Executive Director/ CEO
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Astor Services for Children & Families
Hudson Valley Community-Based Behavioral
Health and Prevention Services
13 Mt. Carmel Place
Poughkeepsie, NY 12601-1714

Return Service Requested



Adolescent Partial Hospitalization

WALK-INS WELCOME

Monday-Friday 9am-5pm

Ellenville: Tuesday-Thursday 9am-5pm



**Hudson Valley Community-Based
Behavioral Health and Prevention Services**

...Because every child deserves a childhood.



The Adolescent Partial Hospitalization Program

The Adolescent Partial Hospitalization Program (PHP) is licensed by the NYS Office of Mental Health and provides intensive therapeutic treatment to youth ages 12 to 18, designed to maintain adolescents in the community and prevent psychiatric inpatient hospitalization. PHP uses Dialectical Behavioral Therapy (DBT) as the primary evidenced-based treatment model.

Services provided by our interdisciplinary team include intensive group, individual, and family therapy, medication management, referral services, discharge planning, crisis intervention, and weekly DBT Caregiver Support Group.

Youth also receive 2 hours of education per day. Program serves up to 12 adolescents from Dutchess and surrounding counties. Program operates Monday through Friday from 8:30-3:30pm with 24 hours, 7 days a week coaching in the event of a behavioral health crisis.

Referrals may be appropriate for the following reasons:

- Initial point of entry into mental health care
- Step up from outpatient services
- Step down from acute inpatient hospitalization

Additionally, the program provides an educational component contracted through Dutchess County BOCES to assist the child in managing school work while in the program.

PHP Information

Services offered include: health referral, symptom management, medication therapy, medication education, verbal therapy, case management, psychiatric rehabilitation readiness determination and referral, crisis intervention services, activity therapy, and clinical support services.

Capacity of the program is limited to 12 adolescents from Dutchess and surrounding counties.

Hours of operation Staff is present Monday through Friday from 8:00 am until 4:30 pm. Therapists are on call 24/7 for additional crisis support.

Referrals can be made to Astor's Partial Hospital Program by calling (845) 554-1365; an intake/screening appointment will be offered to be held within 48 hours of submitting the referral.

Criteria for Admission:

- Developmental age of adolescence
- At risk of inpatient psychiatric hospitalization (inability to remain safe with self and/or others)
- Significant inability to function at school, home, or in the community
- Discharge from a higher level of care, such as inpatient hospitalization or residential treatment facility

Patient fees for PHP – fees for these services are based on ability to pay; Medicaid and other third party insurance are also accepted.

“Sometimes a child just needs us to be there.

I can't imagine doing anything that could provide me deeper satisfactions, than the joy of seeing children grow and heal.”

- Dr. David Crenshaw

Retired Clinical Director of Astor Services for Children & Families and Astor's Board of Directors Co-Chair

About our Services:

When a child experiences emotional or behavioral difficulties at home, in school, or in the community, a caregiver may look to Astor for support and assistance.

Through a variety of specialty programs, our staff help children, caregivers, siblings, and extended family to cope with a range of emotional and behavioral difficulties.

Astor develops individualized prevention, education, and support to families through our clinics, in their homes, and in school settings.

