

Contact Us

For more information, or to make a referral to our Hudson Valley Community-Based Behavioral Health and Prevention Programs, contact:

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Vocational Case Management



**Hudson Valley Community-Based
Behavioral Health and Prevention Services**

...Because every child deserves a childhood.



What is the Vocational Management Program?

It is a program designed to assist Dutchess County youth with significant emotional challenges between the ages of 14-21 in transitioning into the workforce.

What is the target population?

The target population must reside in Dutchess County and meet at least one of the following criteria: youth in foster care; currently or previously in mental health treatment; classified emotionally disturbed by the Committee on Special Education and transitioning from school to work; transitioning out of the Dutchess County Jail.

How does it work?

Once a youth is referred, an interview and Vocational Assessment will take place; which is used to assess if the program will meet their needs. Once this is affirmed, the youth becomes enrolled in the program and will start working on job-readiness skills with the Vocational Case Manager. Please note, this is not a program where a job is already established for the youth. As such, the youth must be willing to complete the preliminary work before they can begin looking for employment.

What is the role of the Vocational Case Manager?

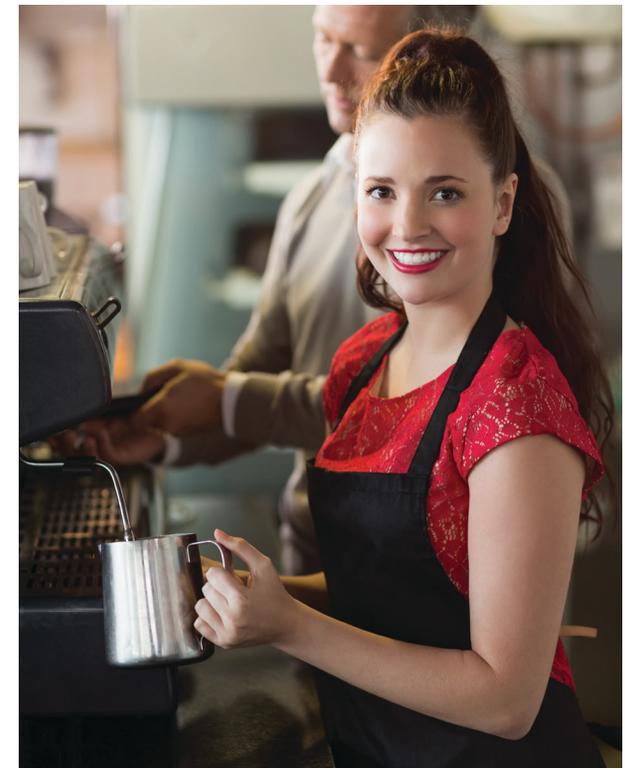
To teach the youth participants how to effectively seek, secure, and retain employment on their own. The VCM can also serve as a mentor and liaison between the youth and the employer until a period of time when the youth has successfully transitioned into the job.

What kinds of skills are taught?

All aspects of finding and keeping a job are covered, from filling out applications to customer service. Other skills that are taught are: staying organized throughout the job search; networking, calling and meeting with employers; interviewing; budgeting; time management and being on time; on-the-job expectations and asking for help; and attire.

Where do we meet?

Most meetings are individual home visits, where the Vocational Case Manager will come into the youth's home to meet with them or take them out into the community. The first few meetings may be held at Astor Services in Poughkeepsie.



How long is the program?

There is no predetermined length of time for the program. The Vocational Case Manager will work with the youth until they are settled into their new job, whether it is a paid or volunteer position.

How are the youth referred?

Referrals are accepted from any agency located within Dutchess County. Acceptance will be based upon availability of openings, motivation, and appropriateness for the program.



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