



Astor Services for Children & Families works collaboratively with Dutchess County's Department of Community and Behavioral Health by embedding staff into the following programs:

Mobile Crisis

The Mobile Crisis Intervention Team (MCIT) includes caring mental health professionals who can go directly to a person in an emotional, behavioral, and/or substance abuse-related crisis to help prevent a situation from getting worse, see what the person needs, and connect them to services that can help them right away. The MCIT can be accessed by calling the Dutchess County Helpline (845-485-9700) 24/7.

Stabilization Center

A 24/7 walk-in crisis center for youth and adults experiencing emotional distress, addiction, anxiety, depression, and other behavioral concerns. The center is located at: 230 North Road, Poughkeepsie, NY 12601.

Helpline

A 24/7 psychiatric crisis hotline that can assist youth, adults, and families in navigating the mental health and substance abuse systems. Call or text anytime to manage an immediate crisis, receive information regarding community resources, and counseling support: (845) 485-9700.

