



Astor Services for Children & Families promotes the well-being of children, adolescents and their families through a range of programs.

### Residential Treatment Center

Astor's Residential Treatment Center (RTC) serves children who have severe emotional challenges that exceed community-based interventions. The RTC provides a higher level of care to better meet their psychiatric needs.

### Services:

- Psychiatric services
- Individual & group therapy
- Physical health
- 24/7 Nursing
- Crisis prevention/intervention
- Case management
- Room & board
- 24/7 supervision by child care workers
- Therapeutic educational environment via Astor Learning Center
- Recreational activities
- Discharge planning



### Referral Criteria:

- Children must be between the ages of 5 - 13
- Most of the children have experienced trauma
- Many of these children have had multiple psychiatric in-patient hospitalizations
- All of these children cannot be maintained in their current home/community environment

### Referral Sources:

Local departments of Social Services  
The child's home school district Committee on Special Education (CSE).

For more information contact:

**Brendan Sullivan**

*Director of Admissions & Quality Support Team Leader*

6339 Mill Street

Rhinebeck, NY 12572

(845) 871-1085