



Astor Services for Children & Families promotes the well-being of children, adolescents and their families through a range of programs.

Serving Youth iN their Communities (SYNC)

Serving Youth iN their Communities (SYNC) offers an array of the new state plan services which can be provided in a youth’s home, school, and other community-based locations. These services are tailored to meet the behavioral and emotional health needs of each child. In partnership with families, SYNC is dedicated to keeping children with behavioral health difficulties in their communities and current school placements through early intervention thereby avoiding more intensive and even out of home treatments. Through supportive skill-building and clinical services, SYNC helps to build a strong foundation so that youth and families can be active and productive members of their communities.

SYNC services may include:

- Assessment and diagnosis
- Individual, group, and family therapy
- Caregiver empowerment, support, and advocacy
- De-escalation and crisis avoidance consultation
- Coping, social and communication skills training and development
- Resource identification and referrals

Requirements of Eligibility:

- Children ages 0-21
- Children with Medicaid
- Children with emotional/behavioral health challenges that require medically necessary skill building and treatment



Referrals to the SYNC Program can be made by caregivers, licensed professionals, schools, hospitals and community agencies.

For more information contact:
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