



October 2019 E-Newsletter

The Latest News from Astor

IN THIS ISSUE

- Mental Illness Awareness Week
- Adopt-A-Family
- PorchFest
- Out of the Darkness Walk
- Charles Daniels III Award Recognition
- Astor Magazine
- Sponsor Highlight Rose and Kiernan
- AmazonSmile
- Kidcents

Friend

We hope this newsletter finds you enjoying the brilliant colors of autumn!

It's Mental Illness Awareness Week and we want to remind everyone that Astor is here for children and families. Astor offers early childhood development programs, community-based mental health programs and residential treatment programs in the Hudson Valley and the Bronx.

We are excited to share the latest issue of Astor Magazine. Take a spin through the pages and read about nasturtiums, bees, the Bronx, 1980's design trends and Red Hook's Chocolate Festival! There's something for everyone.

We thank you for your continued support. Happy fall!

Your friends at Astor.



It's Mental Illness Awareness Week

Between 13 and 20 percent of children in our country will experience a mental health disorder each year.

-NATIONAL RESEARCH COUNCIL

Mental Illness Awareness Week

At Astor, we are committed to helping youth and their families find ways to heal and regain hope – and to removing the stigma associated with mental health challenges. Astor offers early childhood development

programs, community-based mental health programs and residential treatment programs. To learn more, or to request a free assessment, visit astorservices.org.

Adopt-A-Family

Astor's Adopt-A-Family program matches children in Astor's programs who are in need with donors who purchase gifts. With generous donations of time and money, Astor helped more than 2,000 children & families last year and hope to do so again this holiday season.

[Click here to participate or learn more about our program.](#)



PorchFest

Rhinebeck's annual PorchFest was Saturday, Sept. 28 and everyone was in great spirits on such a beautiful autumn day. A great big thank you to our **Families for Astor** committee for coming out and raising money for Astor with sales from their lemonade stand. A special thank you to **Ruge's Automotive** and **Joe Monaco** for sponsoring our silent auction! [View our photo album online.](#)



Out of the Darkness Walk

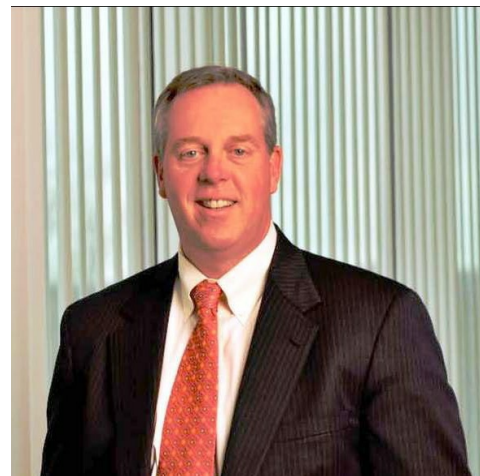
Astor Services employees and supporters participated in the Dutchess/Ulster **Out of the Darkness Walk** to Fight Suicide on Sept. 29. The community walk was held on the Walkway Over the Hudson to raise awareness and provide a voice for suicide prevention. The walk was organized by The American Foundation for Suicide Prevention.



Congratulations to Charles R. Daniels III

Congratulations to Charles R. Daniels III, Executive Vice President of **Rose & Kiernan** and Astor Services Board Member for his years of dedication and commitment to economic development in Dutchess County.

Mr. Daniels received a Special Recognition Award from Think Dutchess Alliance for Business. We are proud to have Charles as part of our Astor Family.



[Check out the latest issue of Astor Magazine](#)

We are pleased to show case our latest issue of Astor Magazine! This issue features a great article on thenasturtium, an edible flower, as well as fascinating facts about bees.

We offer a visual tour of the Bronx's Piano District where you can enjoy great art, food and entertainment. Then we introduce you to Kimberly Popolizio and how she uses art and meditation to ignite creativity, spark self-awareness and foster emotional intelligence in youth at her business i2Evolve.

Check out our photo look-back from Ghost Stories III with great shots from the event. Revisit the 1980s through interior design and see how the 80's design is back in vogue. And get tempted by Red Hook's Chocolate Festival all in the latest issue of Astor Magazine!



[Click here to read the magazine online.](#)

SPONSOR HIGHLIGHT:
Rose & Kiernan



ROSE & KIERNAN, INC.
INSURANCE, SURETY & BENEFIT SERVICES

Rose & Kiernan is a leader in helping businesses anticipate, understand and manage risk. With access to more than two hundred regional, national and specialty global insurers, they offer unmatched collaboration, and deliver unmatched solutions – leveraging deep technical expertise and decades of experience to develop innovative solutions that will meet today's challenges and capitalize on tomorrow's opportunities. Learn more at www.rkinsurance.com

Support Astor while you shop!



AmazonSmile

You can support Astor with every purchase you make at Amazon.com. Start shopping at smile.amazon.com, and be sure to select Astor Services for Children & Families as your charitable foundation.

Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases to Astor Services for Children & Families.



