Contact Us

For more information contact:

Regional Director of Outpatient Clinics
Amie Adams, LCSW-R
Tel: (845) 471-6004

46 Lincoln Avenue
Poughkeepsie, NY 12601-4518

Astor Services for Children & Families
46 Lincoln Avenue
Poughkeepsie, NY 12601-4518

Return Service Requested

Because every child deserves a childhood.
About Us
Astor Counseling Centers, located throughout Dutchess & Ulster Counties, NY provide counseling, psychiatric services and case management to children and adolescents (ages 2-21), and their families. Licensed by the New York State Office of Mental Health and accredited by The Joint Commission.

First time clients who would like to be seen at one of the Primary Counseling Centers can walk-in between the hours of 9am-5pm Monday through Friday (Ellenville location open 9am-5pm Tues. through Thurs.).

All our Counseling Centers have evening appointments for clients who have been admitted for treatment. Please call the Center located near you for their specific hours.

Dutchess and Ulster Counties contract with Astor’s Counseling Centers to provide specialized treatment services to help children reach their highest potential in family life, school, friendships, and recreation.

Eligibility & Enrollment Requirements
To be eligible for Astor Counseling Services, the youth must:
1. Reside in Dutchess or Ulster County
2. Be between the ages of 2-21
3. Have a mental health concern that interferes with one’s own life, the family’s life or life within the community.

How to Obtain an Intake Appointment
“Walk-ins” are welcome at the Primary Counseling Centers during the hours of 9am – 5pm Monday through Friday (Ellenville location open 9am-5pm Tues. through Thurs.) and can wait for the next available intake appointment.

Fees
- Insurance
- Medicaid
- Self pay

Payment is expected at time of service

What Types of Services are Available at the Counseling Center?
The Astor Counseling Center staff has expertise in a variety of treatment approaches designed to assist children and families. The following is a list of the various treatment approaches available within the counseling centers:

- Treatment Planning
- Health Screening
- Substance Abuse Screening
- Comprehensive Assessment
- Families Together Group Therapy
- Walk-in Crisis Intervention Services
- Family, Individual and Group Therapy
- Psychiatric Services and Medication Management
- Specialized Treatments with Sexual Harm, PCIT & Co-Occurring Disorders
- Safety Planning
- ADHD Evaluation
- Family Advocacy
- Outreach

Locations:
DUTCHESS COUNTY OUTPATIENT CLINICS:
Beacon Outpatient Clinic
223 Main St, Beacon, NY 12508
(845) 838-4920
Mon., Wed., Fri. 9-5pm; Tues. & Thurs. 9-9pm

Poughkeepsie Outpatient Clinic
46 Lincoln Ave, Poughkeepsie, NY 12601
(845) 471-6040
Mon.-Thurs. 9-8pm and Fri. 9am-5pm

Hyde Park Outpatient Clinic
Children’s Medical Group, Suite 2
4252 Albany Post Rd, Hyde Park, NY 12538
(845) 233-5935
Mon.-Thurs. 9-8pm and Fri. 9am-5pm

Dover Outpatient Clinic
6423 Rt. 55, Wingdale, NY 12594
(845) 350-3010
Mon.-Thurs. 9-8pm and Fri. 9am-5pm

Rhinebeck Outpatient Clinic
187 E. Market Street, Rhinebeck, NY 12572
(845) 871-1535
Mon.-Thurs. 9-8pm and Fri. 9am-5pm

ULSTER COUNTY OUTPATIENT CLINICS:
Ellenville Counseling Center
Trudy Resnick Farber Bldg,
50 Center St, Ellenville, NY 12428
(845) 647-3349
Tuesday-Thursday 9-8pm

Kingston Outpatient Clinic
239 Golden Hill Lane, Suite 100
Kingston, NY 12401
(845) 340-4105
Mon.-Thurs. 9-8pm and Fri. 9am-5pm

New Paltz Outpatient Clinic
New Paltz Counseling Center
137 N. Chestnut Street, New Paltz, NY 12561
(845) 419-0850
Mon.-Thurs. 9-8pm and Fri. 9am-5pm

www.astorservices.org
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- Safety Planning
- ADHD Evaluation
- Family Advocacy
- Outreach

**Locations**

**DUTCHESS COUNTY:**

Beacon Counseling Center
223 Main Street  Beacon, NY 12508
Tel: (845) 838-4920 | Fax: (845) 838-4924

Poughkeepsie Counseling Center
46 Lincoln Avenue  Poughkeepsie, New York 12601
Tel: (845) 471-6004 | Fax: (845) 471-7099

Dover Counseling Center
6423 Rt. 55 Wingdale, NY 12594
Tel: (845) 350-3010 | Fax: (845) 350-3013

Hyde Park Counseling Center
4252 Albany Post Road, Suite 2, Hyde Park, NY 12538
Tel: (845) 253-5935 | Fax: (845) 253-4726

Rhinebeck (Satellite) Counseling Center
13 E. Market Street, Rhinebeck, NY, 12572
Tel: (845) 871-1535 or (845) 871-1536 | Fax: (845) 876-1507

**ULSTER COUNTY:**

Ellenville Counseling Center
50 Center St, Trudy Resnick Farber Bldg, Ellenville, NY 12428
Tel: (845) 647-3349 | Fax: (845) 647-3352

Kingston Counseling Center
384 Broadway, Kingston, NY 12401
Tel: (845) 339-1000 | Fax: (845) 339-1000

New Paltz Counseling Center
137 N. Chestnut Street, New Paltz, NY 12561
Tel: (845) 419-0850 | Fax: (845) 419-0852

**Offsite Services:**

- CareMount Medical Group
- Cold Spring Elementary School
- Seymour Smith Elementary School
- Stissing Mountain Jr/Sr High School
- Premier Medical Group
- Astor Learning Center
- Head Start - Poughkeepsie
- New Paltz Learning Center
- CareMount Medical Group

**A Tradition of Excellence...**

Astor Services for Children & Families, has since 1953, promoted the well-being of children, adolescents and their families through a range of programs that prevent and treat emotional problems and facilitate healthy development.

Now serving over 6,000 children and families annually, Astor’s current range of services to families in the Mid-Hudson Valley and the Bronx include:

- Residential Treatment
- Therapeutic Foster Family Care
- Early Childhood Programs
- Community-Based Behavioral Health and Prevention Services

**Our Mission**

To provide behavioral and educational services in a caring environment where children and their families find strength, healing, hope and trust.

**Our Vision**

To see children meet life’s challenges, pursue their dreams and reach their full potential.

**“Sometimes a child just needs us to be there.**

I can’t imagine doing anything that could provide me deeper satisfactions, than the joy of seeing children grow and heal.”

- Dr. David Crenshaw
  Retired Clinical Director of Astor Services for Children & Families and Astor’s Board of Directors Co-Chair.