



# A Tradition of Excellence

Founded in 1953, Astor Services for Children & Families is a community-based, non-profit organization that provides children's mental health services, child welfare services, and early childhood development programs to children and families in New York State's Mid-Hudson Valley region and the Bronx.

Astor serves more than 10,000 children and families annually, through a wide variety of premier quality education and mental health services. Astor provides support for pre-schoolers, children with behavioral and emotional health problems, children at risk of placement in foster care, and families that need assistance in developing the skills necessary to raise their children in an environment filled with increasing challenges.

## Community-Based Behavioral Health & Prevention Services

When a child experiences emotional or behavioral difficulties at home, in school or in the community, a parent may look to Astor's Community-Based Behavioral Health & Prevention Services in the Hudson Valley and the Bronx for support and assistance.

Through a variety of specialty programs, our staff helps children, parents, siblings and extended families to cope with the strain and constant worry; and when necessary, they help to address serious issues of sexual and physical abuse, neglect, domestic violence and substance abuse.

Astor develops individualized prevention, education and support to families through our clinics, in their homes, and in school settings.

#### Residential Programs

Established in 1953, Astor's Residential Programs benefit children who face emotional, psychological and learning challenges that make it difficult for them to experience the simple everyday pleasures of being a child.

Astor provides intensive treatment for children ages 5-12 and their families in an environment of care and respect. Children who are in residence at the Agency's treatment programs in Rhinebeck, NY are enrolled in the Special Education Program operated by The Astor Learning Center, which was incorporated in 1980 as a stateapproved private school for children with emotional problems.

The Astor Learning Center was designated as a Blue Ribbon School of Excellence by the U.S. Department of Education.

#### **Early Childhood Programs**

Since 1978, Astor has been a leader in the field of Early Childhood Development.

As the local grantee for the Federal Early Head Start and Head Start Programs, Astor provides comprehensive child development services to poverty level children and their families. The focus throughout the program is relationship-based, strength-based, and parent inclusive.

Through Astor's Early Childhood Program, the Agency has continued its leadership in early childhood education.





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### **ASTOR'S VALUES**

#### RESPECT

- for the inherent worth and dignity of children, families and co-workers.
- for the remarkable strength and resiliency of our clients.
- for diversity and cultural traditions.
- for the agency's heritage and philosophy.

#### **HOPE**

- through the creation of a climate of optimism among children and their families as well as our co-workers.
- through acknowledging and supporting the strengths and resiliency of each child and family.
- through the creation of a workplace that promotes wellness and support among co-workers.

#### INTEGRITY

- built on honest and transparent communication.
- built on ethical principles.
- · built on equity.

#### **QUALITY**

- achieved by striving for excellence and attaining the highest level of professional and ethical practice in every aspect of the agency's operation.
- achieved by developing, exploring and implementing effective approaches to preventing and addressing behavioral health and learning challenges and optimizing development in children in an ever-changing environment.
- achieved by employing and retaining qualified personnel in all disciplines and providing opportunities for their professional development and training.

#### **PARTNERSHIP**

- with families that supports their decision making role in all aspects of the lives of their children.
- with co-workers committed to the service of children and families.
- with community, government and colleagues promptly acting to develop plans to meet the needs of children and families.

#### **OUR MISSION:**

Astor provides behavioral health and educational services offering children the opportunity to meet life's challenges, pursue their dreams, and reach their full potential.

#### **OUR VISION:**

Astor will be the preeminent provider of behavioral health and educational services through high quality, comprehensive services to children and families in New York State.

