Contact Us

For more information contact:

Alexis VanDeCarr, LCSW-R
Community Liaison for Dutchess County
Site Director, APH
(845) 554-1365 x102

Mobile Crisis (845) 554-1365

205 South Avenue
Poughkeepsie, NY 12601

Home-Based Crisis Intervention (HBCI) Program

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www.astorservices.org

Because every child deserves a childhood.
Home-Based Crisis Intervention Program (HBCI)

The Astor Home-Based Crisis Intervention Program (HBCI) designed to prevent psychiatric hospitalization, is an intensive, short-term crisis intervention service and family education program. Astor provides this service under contract with the Dutchess County Department of Mental Hygiene.

Crisis intervention, home-based assessment & treatment planning, psycho-education, family & individual therapy, case management & referral services are provided by our interdisciplinary staff.

- Consulting psychiatrist
- Program supervisor
- Three therapists

Therapists are available to families 24-hours a day, 7 days a week, to respond to a crisis situation.

HBCI Referral Process

Referrals to Astor’s HBCI Program are accepted from psychiatric hospital emergency services, schools, children’s mental health providers, other public agencies working with children and in-patient psychiatric hospitals.

HBCI Intake Criteria

- The identified child and family in crisis is seeking an alternative to psychiatric hospitalization
- The contract agency’s licensed psychiatrist determines the child is at imminent risk of psychiatric hospitalization
- The child is 18 years or younger and a Dutchess County resident; limited services are provided in Ulster County, based on contract parameters
- The family wants to remain together at home

To refer or obtain more information, contact:
Alexis VanDeCarr, LCSW-R
Community Liaison for Dutchess County Site Director for Home Based Crisis Intervention
205 South Ave., Poughkeepsie, NY 12601
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Adolescent Partial Hospitalization Program (PHP)

Services offered include: health referral, symptom management, medication therapy, medication education, verbal therapy, case management, psychiatric rehabilitation readiness determination and referral, crisis intervention services, activity therapy, and clinical support services.

Hours of operation
Monday through Friday, from 8:00 am – 4:00 pm. Therapists are on call to their clients when the program is closed.

Referrals
Referrals can be made to Astor’s Partial Hospital Program by calling (845) 554-1091; an intake/screening appointment will be scheduled within 48 hours of the phone call.

Intake criteria
Adolescents ages 12–18 years old, who reside in Dutchess or Ulster counties, and are at risk of inpatient psychiatric hospitalization, are eligible for admission to the Partial Hospital Program.

Patient fees for PHP
Fees for these services are based on ability to pay; Medicaid and other third party insurance are also accepted.

Mobile Crisis

For children & youth in acute crisis who are in need of immediate mental health assessment & intervention on-site at home, school or at other locations in the community.

Appropriate referral criteria:

- risk of suicide/homicide (ideation)
- out-of-control behavior and emotional lability
- psychotic lapses
- other clinical crises that are the result of acute stress

Mobile Crisis (845) 554-1365