

## Contact Us

For more information contact:

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Community Liaison for Dutchess County  
Site Director, APH  
(845) 554-1365 x102

Mobile Crisis (845) 554-1365

205 South Avenue  
Poughkeepsie, NY 12601



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Department of Health  
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**Dutchess County  
Dept of Behavioral &  
Community Health**



Accredited by:  
**The Joint  
Commission**



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**Astor Services for Children & Families**  
205 South Avenue  
Poughkeepsie, NY 12601



## Home-Based Crisis Intervention (HBCI) Program



**Hudson Valley Community-Based  
Behavioral Health and Prevention Services**

*...Because every child deserves a childhood.*



### Home-Based Crisis Intervention Program (HBCI)

The Astor Home-Based Crisis Intervention Program (HBCI) designed to prevent psychiatric hospitalization, is an intensive, short-term crisis intervention service and family education program. Astor provides this service under contract with the Dutchess County Department of Mental Hygiene.

Crisis intervention, home-based assessment & treatment planning, psycho-education, family & individual therapy, case management & referral services are provided by our interdisciplinary staff.

- Consulting psychiatrist
- Program supervisor
- Three therapists

Therapists are available to families 24-hours a day, 7 days a week, to respond to a crisis situation.



### HBCI Referral Process

Referrals to Astor's HBCI Program are accepted from psychiatric hospital emergency services, schools, children's mental health providers, other public agencies working with children and in-patient psychiatric hospitals.

### HBCI Intake Criteria

- The identified child and family in crisis is seeking an alternative to psychiatric hospitalization
- The contract agency's licensed psychiatrist determines the child is at imminent risk of psychiatric hospitalization
- The child is 18 years or younger and a Dutchess County resident; limited services are provided in Ulster County, based on contract parameters
- The family wants to remain together at home

To refer or obtain more information, contact:

**Alexis VanDeCarr, LCSW-R**

*Community Liaison for Dutchess County  
Site Director for Home Based Crisis Intervention*

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### Adolescent Partial Hospitalization Program (PHP)

Services offered include: health referral, symptom management, medication therapy, medication education, verbal therapy, case management, psychiatric rehabilitation readiness determination and referral, crisis intervention services, activity therapy, and clinical support services.

### Hours of operation

Monday through Friday, from 8:00 am – 4:00 pm. Therapists are on call to their clients when the program is closed.

### Referrals

Referrals can be made to Astor's Partial Hospital Program by calling (845) 554-1091; an intake/ screening appointment will be scheduled within 48 hours of the phone call.

### Intake criteria

Adolescents ages 12-18 years old, who reside in Dutchess or Ulster counties, and are at risk of inpatient psychiatric hospitalization, are eligible for admission to the Partial Hospital Program.

### Patient fees for PHP

Fees for these services are based on ability to pay; Medicaid and other third party insurance are also accepted.

### Mobile Crisis

For children & youth in acute crisis who are in need of immediate mental health assessment & intervention on-site at home, school or at other locations in the community.

Monday to Friday 9:00 am – 5:00 pm.

### Appropriate referral criteria:

- risk of suicide/homicide (ideation)
- out-of-control behavior and emotional lability
- psychotic lapses
- other clinical crises that are the result of acute stress

Mobile Crisis (845) 554-1365