### **Contact Us**

For more information contact:

Adolescent Partial Hospitalization Program

205 South Avenue, Suite 105 Poughkeepsie, NY 12601

Tel: (845) 554-1365 x 103

Fax: (845) 554-1376 GBizzoco@astorservices.org

Catholic Charities
Archdiocese of New York
Providing Help. Creating Hope.

Sponsored by: Catholic Charities of the Archdiocese of New York



Contracted by: Dutchess County Dept of Behavioral & Community Health



Accredited by: The Joint Commission

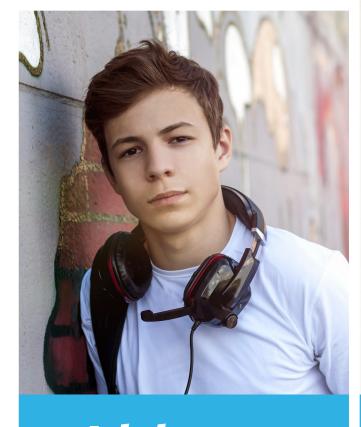


Yvette Bairan, MPA, CHC Chief Executive Officer Astor Services for Children & Families

6339 Mill Street, P.O. Box 5005 Rhinebeck, NY 12572 Tel: (845) 871-1000 | Fax: (845) 876-2020

www.astorservices.org

Astor Services for Children & Families Hudson Valley Community-Based Behavioral Health and Prevention Services 205 South Avenue, Suite 105 Poughkeepsie, NY 12601



# Adolescent Partial Hospitalization Program



Hudson Valley Community-Based
Behavioral Health and Prevention Services

...Because every child deserves a childhood.







Astor Services for Children & Families promotes the well-being of children, adolescents and their families through a range of programs.

## The Adolescent Partial Hospitalization Program (PHP)

The Adolescent Partial Hospitalization Program (PHP) is licensed by the NYS Office of Mental Health and provides intensive therapeutic treatment to youth ages 11 to 18. PHP is designed to maintain adolescents in the community and prevent psychiatric inpatient hospitalization. PHP operates Monday through Friday from 8:30-3:30pm.



#### Services Offered:

- Dialectical Behavioral Therapy (DBT) as the primary evidenced-based treatment model
- Intensive group therapy
- Individual and family therapy
- Weekly DBT Caregiver Support Group
- Medication management
- Linkages and referral services
- Discharge planning
- Crisis intervention
- 2 hours of onsite education (provided by Dutchess County BOCES)
- 24 hours/7 days a week c oaching in the event of a behavioral health crisis

#### Referral Criteria:

- At risk of inpatient psychiatric hospitalization (inability to remain safe with self and/or others)
- Significant inability to function at school, home, or in the community
- Discharge from a higher level of care, such as inpatient hospitalization or residential treatment facility
- Step up from outpatient services
- Step down from acute inpatient hospitalization

#### Cost:

PHP accepts all insurance and Medicaid. Clients without insurance can utilize a sliding-scale fee.

To refer or obtain information, contact: (845) 554-1365 x 103 GBizzoco@astorservices.org