Head Start & Early Head Start

Astor Services for Children & Families promotes the well-being of children, adolescents and their families through a range of programs.

What is Head Start?
Head Start is a federally funded preschool program serving low-income children and children with disabilities.

• Free program for children who qualify
• Home-based program option
  – Prenatal – 5 years old
  – Weekly 90 minute home visits
• Center-based program option
  – 18 months – 5 years old
  – Monday – Friday
  – 5-6 hours a day

Goals:
• Help develop social and emotional competence of young children
• Implement strategies that promote school readiness
• Provide comprehensive family engagement services
• Promote health, mental health, and provide developmental screenings
• Collaborate with community resources to support the families and program

Special Services:
Special Class Integrated Setting (SCIS) - Provides Special Education services within a 5-hour, 5-day a week, Head Start integrated classroom.
Available at: Mt. Alvernia, Beacon, Wingdale, and Poughkeepsie

1:8:2 - This is a 5-hour, 5 day a week program in a self-contained classroom.
Available at: Beacon and Poughkeepsie

Therapeutic Preschool - Designed for children with significant needs in social and emotional skills. Integration of education and clinical models. 5-hours, 5 day a week program.
Available at: Poughkeepsie

Locations:
- **Beacon**
  29 Willow St
  Beacon, NY 12508
  (845) 838-9904

- **Red Hook**
  9 Mill Road
  Red Hook, NY 12571
  (845) 758-4103

- **Poughkeepsie**
  50 Delafield Street
  Poughkeepsie, NY 12601
  (845) 452-7726

- **Mt. Alvernia**
  136 Sheafe Road
  Wappingers Falls, NY 12590
  (845) 296-1892

- **Millerton**
  11 Park Street
  Millerton, NY 12546
  (518) 789-3077

- **Wingdale**
  6423 State Route 55
  Wingdale, NY 12594
  (845) 832-3331

For more information, please contact:
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...Because every child deserves a childhood.