



Astor Services for Children & Families promotes the well-being of children, adolescents and their families through a range of programs.

What is Head Start?

Head Start is a federally funded preschool program serving low-income children and children with disabilities.

- Free program for children who qualify
- Home-based program option
 - Prenatal - 5 years old
 - Weekly 90 minute home visits
- Center-based program option
 - 18 months - 5 years old
 - Monday - Friday
 - 5-6 hours a day

Goals:

- Help develop social and emotional competence of young children
- Implement strategies that promote school readiness
- Provide comprehensive family engagement services
- Promote health, mental health, and provide developmental screenings
- Collaborate with community resources to support the families and program

Special Services:

Special Class Integrated Setting (SCIS) - Provides Special Education services within a 5-hour, 5-day a week, Head Start integrated classroom.

Available at: Mt. Alvernia, Beacon, Wingdale, and Poughkeepsie

1:8:2 - This is a 5-hour, 5 day a week program in a self-contained classroom.

Available at: Beacon and Poughkeepsie

Therapeutic Preschool - Designed for children with significant needs in social and emotional skills. Integration of education and clinical models. 5-hours, 5 day a week program.

Available at: Poughkeepsie

Locations:

Beacon
29 Willow St
Beacon, NY 12508
(845) 838-9904

Poughkeepsie
50 Delafield Street
Poughkeepsie, NY 12601
(845) 452-7726

Millerton
11 Park Street
Millerton, NY 12546
(518) 789-3077

Red Hook
9 Mill Road
Red Hook, NY 12571
(845) 758-4103

Mt. Alvernia
136 Sheafe Road
Wappingers Falls, NY 12590
(845) 296-1892

Wingdale
6423 State Route 55
Wingdale, NY 12594
(845) 832-3331

For more information, please contact:

Kim Tsoubris
50 Delafield Street, Poughkeepsie, NY 12601
(845) 452-4167 | ktsoubris@astorservices.org