



Head Start & Early Head Start

Head Start is a federally funded preschool program serving low-income children and children with disabilities.

- Free program for children who qualify
- Home-based program option
 - Prenatal – 5 years old
 - Weekly 90 minute home visits
- Center-based program option
 - 18 months – 5 years old
 - Monday – Friday
 - 5-6.5 hours a day

Goals:

- Help develop social and emotional competence of young children
- Implement strategies that promote school readiness
- Provide comprehensive family engagement services
- Promote health, mental health, and provide developmental screenings
- Collaborate with community resources to support the families and program

Special Services:

Special Class Integrated Setting (SCIS)

Provides Special Education services within a 5-hour, 5-day a week, Head Start integrated classroom. Available at Mt. Alvernia, Beacon, Wingdale, and Poughkeepsie locations

1:8:2 – This is a 5-hour, 5 day a week program in a self-contained classroom. Available at Beacon and Poughkeepsie locations.

12:1:2 – This is a 5 hour, 5 day a week program in a self-contained classroom. Available at Beacon location.

Therapeutic Preschool – Designed for children with significant needs in social and emotional skills. Integration of education and clinical models. 5-hours, 5 day a week program. Available at Poughkeepsie location.

Bright Steps Toddler Room – Provides Early Intervention services within a 6.5 hour, 5 day a week. Available at Mt. Alvernia location.

Locations:

Beacon

29 Willow St, Beacon, NY 12508 • (845) 838-9904

Millerton

Home-Based Service • (845) 763-6805

Mt. Alvernia

136 Sheafe Rd, Wappingers Falls, NY 12590 • (845) 296-1892

Poughkeepsie

50 Delafield Street, Poughkeepsie, NY 12601 • (845) 452-7726

Red Hook

1232 NY-308, Rhinebeck, NY 12572 • (845) 758-4103

Wingdale

6423 State Route 55, Wingdale, NY 12594 • (845) 832-3331

For more information, please contact:

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