Astor Services for Children & Families promotes the well-being of children, adolescents and their families through a range of programs.

**What is Head Start?**
Head Start is a federally funded preschool program serving low-income children and children with disabilities.

- Free program for children who qualify
- Home-based program option
  - Prenatal – 5 years old
  - Weekly 90 minute home visits
- Center-based program option
  - 18 months – 5 years old
  - Monday – Friday
  - 5-6 hours a day

**Goals:**
- Help develop social and emotional competence of young children
- Implement strategies that promote school readiness
- Provide comprehensive family engagement services
- Promote health, mental health, and provide developmental screenings
- Collaborate with community resources to support the families and program

**Special Services:**

**Special Class Integrated Setting (SCIS)** - Provides Special Education services within a 5-hour, 5-day a week, Head Start integrated classroom.
*Available at: Mt. Alvernia, Beacon, Wingdale, and Poughkeepsie*

**1:8:2** - This is a 5-hour, 5 day a week program in a self-contained classroom.
*Available at: Beacon and Poughkeepsie*

**Therapeutic Preschool** - Designed for children with significant needs in social and emotional skills. Integration of education and clinical models.
5-hours, 5 day a week program.
*Available at: Poughkeepsie*

**Locations:**

- **Beacon**
  29 Willow St
  Beacon, NY 12508
  (845) 838-9904

- **Poughkeepsie**
  50 Delafield Street
  Poughkeepsie, NY 12601
  (845) 452-7726

- **Red Hook**
  9 Mill Road
  Red Hook, NY 12571
  (845) 758-4103

- **Mt. Alvernia**
  136 Sheafe Road
  Wappingers Falls, NY 12590
  (845) 296-1892

- **Millerton**
  11 Park Street
  Millerton, NY 12546
  (518) 789-3077

- **Wingdale**
  6423 State Route 55
  Wingdale, NY 12594
  (845) 832-3331

For more information, please contact:

**Kim Fragetta**
50 Delafield Street, Poughkeepsie, NY 12601
(845) 452-4167 | kfragett@astorservices.org