



School-Based Behavioral Health and Training (SBBHT)

Astor Services has decades of experience working with children in collaboration with the Department of Education in school-age day treatment programs and clinic-based school satellite programs.

Astor offers an array of services based on evidence-based models, providing a comprehensive mental health partnership that is flexible and customizable to the unique needs of each school population.

Universal Interventions

Designed to support the entire school, including:

- Assessment
- Training/education
- Identify needs
- Referral to services

Selective Interventions

Classroom and group interventions targeting at-risk students and enhancing faculty skills, including:

- Intensive case consultation with teachers and school support team
- PBIS/TCI Crisis Assessment
- Groups with identified students
- Specific staff training
- Classroom management consultation
- Crisis avoidance, crisis response, and peer mediation

Targeted Interventions

For identified individual students and families in need, including:

- Evidence-based treatment, assessments, and evaluations as part of on-site Article 31 satellite school-based mental health clinic
- Mental health/educational referrals and case planning
- Supervisory oversight provided by a licensed clinician for all individual, group and family psychotherapy, crisis intervention, and behavioral health assessment and evaluation services

All prices are calculated based on Medicaid commercial insurance mix of student population using a cost-share model with school district & Astor Services

Contact

Emily Casa, LCSW (she/her)
Program Director
(718) 751-5407
ecasa@astorservices.org